

Yalung-Ri Peak Climbing

Standard Itinerary

Yalung Ri Peak Climbing Itinerary:

Day 01: Kathmandu

Arrival at Kathmandu 1310m, Tribhuvan International Airport, Transfer to hotel on BB plan.

Day 02: Simigaon

Drive from Kathmandu to Simigaon 2025m/6643ft, 8/9 hrs. Overnight at tented camp.

Day 03: Donga

Trek to Donga 2800m/9185ft 6/7 hours. Overnight at tented camp.

Day 04: Beding

Trek to Beding 3690m 6/7 hours. Overnight at tented camp.

Day 05: Nagaon

Trek to Nagaon 4,183m. Overnight at tented camp.

Day 06: Yalung Ri Base Camp

Trek to Yalung Ri Basecamp 4750m. Overnight at tented camp.

Day 07: Sangma Kharka

Climb to Yalung Ri 5630m and back to Sangma Kharka 4320m. Overnight at the tented camp.

Day 08: Tsorolpa

Trek to Tsorolpa 6/7 hours. Overnight at tented camp.

Day 09: Bedding

Trek to Bedding 6/7 hours. Overnight at tented camp.

Day 10: Donga

Trek to Donga for 6/7 hours. Overnight at tented camp.

Day 11: Simigaon

Trek to Simigaon 5/6 hours. Overnight at tented camp.

Day 12: Kathmandu

Drive back to Kathmandu 8/9 hours evening farewell dinner in Nepali culture dance restaurant.
Overnight at hotel on BB plan.

Day 13: Departure

Departure from Kathmandu to your onward destination our representative will drop you at the airport for your further destination.

Includes and Excludes

Includes

- 2 Times airport pick up and drops (international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Simigaon guest and guide (optional: private vehicle as per participant's preference).
- Drive from Simigaon to Kathmandu by Public van guest and guide (optional: private vehicle as per participant's preference).
- Staff transportation Kathmandu/Simigaon /Kathmandu.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North Face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.

- Kitchen and camping staff.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter: Porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park entry permit.
- Trekking Information Management System (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

Excludes

- Participant's trek equipment.
 - Personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Extra porters if guests are required.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek).
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
-