

# Yala Peak Climbing

## Standard Itinerary

### Yala Peak Climbing Itinerary:

#### Day 01: Kathmandu

Kathmandu airport Arrival 1310m welcome by Himalayan Nepal Trek staff then Transfer to hotel on BB plan.

#### Day 02: Shyabrubensi

Drive from Kathmandu to Shyabrubensi 1420m by local bus 7/8. Overnight at Lodge.

#### Day 03: Lama Hotel

Trek from Shyabrubensi to Lama Hotel 2804m 5/6 hours. Overnight at Lodge.

#### Day 04: Langtang Village

Trek from Lama Hotel to Langtang Village 3500m 4/5 hours. Overnight at Lodge.

#### Day 05: Kyanjin Gomba

Trek from Langtang village to Kyanjin Gomba 3800m 2/3 hours and climb Kynjin Ri 4750m. Overnight at Lodge.

#### Day 06: Yala Base Camp

Trek to Yala Base Camp 5033m 5/6 hours. Overnight at tent.

#### Day 07: Kyangjin Gomba

Early morning climb to the Yala peak 5520m summit and back to Kyangjin Gomba, 7/8 hours. Overnight at Lodge.

#### Day 08: Lama Hotel

Trek from Kyanjin Gomba to Lama Hotel 2804m 5/6 hours. Overnight at Lodge.

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## Day 09: Shyabrubensi

Trek from Lama Hotel to Shyabrubensi 1420m 6/7 hours. Overnight at Lodge.

## Day 10: Kathmandu

Drive to Kathmandu and transfer to the hotel. Evening farewell dinner in Nepali culture with a dance program. Overnight at Hotel on BB plan.

## Day 11: Departure

Departure from the hotel. Our representative will drop you at Kathmandu international airport for your onward destination.

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## Includes and Excludes

### Includes

- 2 Times airport pick up and drops (international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive from Kathmandu to Shyabrubensi 1420 m by local bus 7/8 overnight at Lodge guest and guide (optional: private vehicle as per participant's preference).
- Drive from Shyabrubensi to Kathmandu by public bus guest and guide (optional: private vehicle as per participant's preference).
- staff's transportation Kathmandu/ Shyabrubensi /Kathmandu.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North Face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 2:1 (one porter for two guests) porter carries 25kg.

- All Government and local Taxes.
- peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park entry permits.
- Trekking Information Management System (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

## **Excludes**

- Participants trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - Extra porters if guests are required.
  - Emergency rescue and travel Insurance (most required factor in high altitude trek).
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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