

Tilicho Mesokanto-La Pass Trek

Standard Itinerary

Tilicho Base Camp Trek Itinerary:

Day 01: Kathmandu

Arrival in Kathmandu airport 1310m Meet and Greet by Himalayan Nepal Trek Member and direct transfer to hotel in Kathmandu on Bed & Breakfast plan.

Highlights:

- Airport Pickup by our staff with our (Place card) Company Logo and your name on it.
- Hotel check-in at Thamel (tourist city).
- Briefing related to the Annapurna Base Camp Trek.
- Staff's introduction Guide and Porters.
- Shopping for the necessary items if needed.
- Welcome dinner program at a typical Nepali restaurant.
- Overnight at a hotel on BB plan.

Day 02: Chame

Drive from Kathmandu to Beshisahar 186km and drive by local jeep to Chame 2670m 8/9 hours. Overnight at Lodge.

Highlights:

- Drive via beautiful villages and highway cities of Nepal.
- Observation of traditional terrace farming and livestock.
- Drive along the beautiful rivers and Himalayan settlements.
- Observe the subtropical and tropical forests vegetation.
- Change in temperature along with the altitude and topography.
- View of several mountain peaks.

Day 03: Pisang

Trek from Chame to Pisang 3200m 5/6 hours. Overnight at Lodge.

Highlights:

- Trek via temperate forest and suspension bridges.
- Glorious views of several mountain peaks of Annapurna.
- Observation of highly influenced Buddhist culture and tradition.
- Trek via beautiful Yak pastureland.
- Beautiful and unique locals and their settlements.
- Traditional farming and lifestyle.

Day 04: Manang

Trek from Pisang to Manang 3540m 5 hours. Overnight at Lodge.

Highlights:

- Amazing view of Annapurna's II, III, IV and its surrounding mountains.
- Visit the ancient monastery.
- Trek via pastureland and beautiful open U-shaped valley.
- Visit Manang and prepare for tomorrow.

Day 05: Manang

Rest day for Acclimatization at Manang for 5 hours. Overnight at Lodge.

Highlights:

- Hike to centuries old and recommended Pranken monastery.
- Reach the best view of Annapurna's II, III, IV, Khangsar Peak, Gangapuran Peak and Tilicho Peak.
- Hike to Gangapurna Glacier with an incredible view of Gangapurna.
- Hike to the opposite side viewpoint to observe the entire Manang village.

Day 06: Khangsar

Trek from Manang to Khangsar 3734m 5 hours. Overnight at Lodge.

Highlights:

- Trek via the beautiful valley to Khangsar village.
- View of beautiful rich pine forest on the hills.

- Trek via the local village of lower Kangsar village.
- Observation of Tibetan people, culture, and traditional farming.
- View of the hiked trail from the upper Khangsar village and the Mountain peaks around.

Day 07: Tilicho Base Camp

Trek from Khangsar to Tilicho Base Camp 4150m 4 hours. Overnight at Lodge.

Highlights:

- Hike in the deserted treeless geography.
- Encounter Himalayan birds and eagles.
- View of routes to Tilicho Lake the next day.
- Cross via landslides and washout out routes.
- Encounter Himalayan goats and blue sheep.
- Close view of Khangsar Khang and other Himalayas.

Day 08: Yak Kharka

Trek from Tilicho Base Camp to Yak Kharka / Kaisang 3600m 9 - 10 hours walk.

Highlights:

- Early morning long, challenging, and rewarding day.
- Cross two high passes: Tilicho Pass 5230m and Mesokanto La Pass 599m.
- Conquer Tilicho Pass and Mesokanto La Pass.
- Steep descent to Yak Kharka.
- Pack lunch (picnic).
- Overnight at a beautiful Camping Tent.

Day 09: Marpha

Trek from Yak Kharka to Marpha 2720m 6/7 hours.

Highlights:

- Beautiful hike to Marpha.
- View of Dhaulagiri and Annapurna
- Overnight at the finest apple garden city of Nepal (Marpha).

- Enjoy the last day of the trek.

Day 10: Pokhara (Flight from Jomsom to Pokhara: (Recommended))

Early morning drive to Jomsom airport 2 hours and take a flight (25 minutes flight) / drive 8 (hours' drive) from Jomsom to Pokhara. Transfer to hotel on BB plan.

Highlights:

- Drive/fly to Pokhara via beautiful typical villages and small highway cities.
- View of a beautiful valley, gorges, and river.
- Enjoy boating in Pokhara with crew members.
- Evening dinner in a typical Nepali restaurant with a cultural dance show.
- Overnight at a lakeside hotel in Pokhara with beautiful midnight city life.

Day 11: Kathmandu

Fly (25 minutes) / Drive 7 hours from Pokhara to Kathmandu by tourist bus. Overnight at hotel on BB plan.

Highlights:

- Drive back to Kathmandu via a beautiful highway.
- The hotel drops by a representative.
- Employee feedback and company review.
- Suggestions and recommendations for the company.
- Farewell dinner with cultural dance in a typical Nepali restaurant.

Day 12: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

Includes

- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- 1 Night 3* star label hotel in Pokhara on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Besishar 186 km again drive by public jeep to Chame guest and guide (optional: private vehicle as per participant's preference).
- Flight fare Jomsom/Pokhara guest and guide.
- Drive to Kathmandu 200 km by tourist bus guest and guide (optional: flight to Kathmandu or private vehicle as per participants preference).
- Staff transportation Kathmandu/Chame/Jomsom/Kathmandu.
- Twin-sharing accommodation during the trek (guest house/Tea house/lodge).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg only.
- All Government and local Taxes (ACAP and TIMS).
- Annapurna Conservation Area project entry permits (ACAP).
- Trekking information management systems (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staff's medical insurance during the trek.

Excludes

- Lunch and Dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.



**MAKING THE MOST OUT
OF YOUR HOLIDAY!**

Budanilkantha, Kathmandu
