

Tilicho Expedition 7134m

Standard Itinerary

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Day 01: Kathmandu

Arrival in Kathmandu airport 1310m Meet and Greet by Himalayan Nepal Trek Member and direct transfer to hotel in Kathmandu on Bed & Breakfast plan.

Highlights:

- Airport Pickup by our staff with our (Place card) Company Logo and your name on it.
- Hotel check-in at Thamel (tourist city).
- Briefing related to the Annapurna Base Camp Trek.
- Staff's introduction Guide and Porters.
- Shopping for the necessary items if needed.
- Welcome dinner program at a typical Nepali restaurant.
- Overnight at a hotel on BB plan.

Day 02: Chame

Drive from Kathmandu to Beshisahar 186km and drive by local jeep to Chame 2670m 8/9 hours. Overnight at Lodge.

Highlights:

- Drive via beautiful villages and highway cities of Nepal.
- Observation of traditional terrace farming and livestock.
- Drive along the beautiful rivers and Himalayan settlements.
- Observe the subtropical and tropical forests vegetation.
- Change in temperature along with the altitude and topography.
- View of several mountain peaks.

Day 03: Pisang

Trek from Chame to Pisang 3200m 5/6 hours. Overnight at Lodge.

Highlights:

- Trek via temperate forest and suspension bridges.
- Glorious views of several mountain peaks of Annapurna.
- Observation of highly influenced Buddhist culture and tradition.
- Trek via beautiful Yak pastureland.
- Beautiful and unique locals and their settlements.
- Traditional farming and lifestyle.

Day 04: Manang

Trek from Pisang to Manang 3540m 5 hours. Overnight at Lodge.

Highlights:

- Amazing view of Annapurna's II, III, IV and its surrounding mountains.
- Visit the ancient monastery.
- Trek via pastureland and beautiful open U-shaped valley.
- Visit Manang and prepare for tomorrow.

Day 05: Manang

Rest day for Acclimatization at Manang for 5 hours. Overnight at Lodge.

Highlights:

- Hike to centuries-old and recommended Pranken monastery.
- Reach the best view of Annapurna's II, III, IV, Khangsar Peak, Gangapuran Peak and Tilicho Peak.
- Hike to Gangapurna Glacier with an incredible view of Gangapurna.
- Hike to the opposite side viewpoint to observe the entire Manang village.

Day 06: Khangsar

Trek from Manang to Khangsar 3734m 5 hours. Overnight at Lodge.

Highlights:

- Trek via the beautiful valley to Khangsar village.
- View of beautiful rich pine forest on the hills.

- Trek via the local village of lower Kangsar village.
- Observation of Tibetan people, culture, and traditional farming.
- View of hiked trail from the upper Khangsar village and the Mountain peaks around.

Day 07: Tilicho Base Camp

Trek from Khangsar to Tilicho Base Camp 4150m 4 hours. Overnight at Lodge.

Highlights:

- Hike in the deserted treeless geography.
- Encounter Himalayan birds and eagles.
- View of routes to Tilicho Lake the next day.
- Cross via landslides and washout out routes.
- Encounter Himalayan goats and blue sheep.
- Close view of Khangsar Khang and other Himalayas.

Day 09 - 24: Climbing Period

Day 25: Siri Kharka

Early morning Trek hike to high altitude lake Tilicho 4920m. And trek Down to Siri Kharka 3930m 7/8 hours. Overnight at Lodge.

Highlights:

- Close view of Tilicho peaks and Khangsar Khang.
- View of Moraine and glacier along the trail to Tilicho Lake.
- View of beautiful rivers and landscapes.
- Visit the Tilicho Lake and view the Tilicho glacier.
- View of Tilicho Peak, Mt. Annapurna I, Chulu East, Chulu West other surrounding peaks.

Day 26: Yak Kharka

Trek from Siri Kharka to Yak Kharka 4020m 5 hours. Overnight at Lodge.

Highlights:

- Trek via beautiful pastureland and the abandoned village of Khangsar area.
- View of Manang Valley from a famous viewpoint on the way to Yak Kharka.

- View of Chulu East and Chulu West. (Recommended climbing peaks in the area).
- Lunch break at the riverside restaurants with suspension bridges and high hills around.
- Easy hike via small tea shops and Mani-walls.

Day 27: Thorog High Camp

Trek to Thorog High Camp 4800m 5/6 hours. Overnight at Lodge.

Highlights:

- Trek via the beautiful village of Leather.
- Trek through the steep valley of rocks and hills.
- Trek along the river and cross the suspension bridges.
- Trek across the washed-out routes and rockfall area.
- Steep climb to the High Camp from the Low Camp.
- The best view of the Mountain range and trekked trail from Thorong High Camp viewpoint.
- Preparation for tomorrow to cross Thorongla Pass.

Day 28: Muktinath

Trek down to Muktinath 3760m 7/8 hours. Overnight at Lodge.

Highlights:

- Early morning climb to the thong-la pass 5416m.
- 360 views of the mountains of Annapurna.
- View of mountains of Mustang region.
- View of Dhaulagiri 8167m (8th highest mountain in the world).
- Visit to one of the "must visit" Hindu temples, (temple of salvation, Muktinath).

Day 29: Pokhara

Early morning drive to Josom airport 2 hours and take a flight (25 minutes) / drive 8 (hours' drive) from Jomsom to Pokhara 25 minutes transfer to hotel on BB plan.

- Drive/fly to Pokhara via beautiful typical villages and small highway cities.
- View of a beautiful valley, gorges, and river.
- Enjoy boating in Pokhara with crew members.
- Evening dinner in a typical Nepali restaurant with a cultural dance show.

- Overnight at a lakeside hotel in Pokhara with beautiful midnight city life.

Day 30: Kathmandu

Fly (25 minutes) / Drive 7 hours from Pokhara to Kathmandu by tourist bus. Overnight at hotel on BB plan.

Highlights:

- Drive back to Kathmandu via a beautiful highway.
- Hotel drops by a representative.
- Employee feedback and company review.
- Suggestions and recommendations for the company.
- Farewell dinner with cultural dance in a typical Nepali restaurant.

Day 31: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 4 nights hotel in Kathmandu 5* Marriott Hotel twin sharing room on bed and breakfast plan.
- Welcome Dinner in a Nepali cultural dance restaurant with office Staff.
- Assistance for cargo clearance in Nepal's Customs Department, clearance cost is subject to a charge before the expedition.
- Expedition Royalty and permit of Nepal Government to climb Annapurna iv TIMS Card, Annapurna conservation area entry permit fee.
- 1 Government Liaison officer with full equipment, salary, food, and accommodation.
- Garbage Deposit fees.
- Himalayan Nepal Trek Duffel Bag for each member.
- Medical and Emergency rescue Insurance for all involved Nepalese staff during the trek and climbing.

- Trekking and climbing map.
- Drive from Kathmandu to Chame and return as per itinerary.
- Necessary all equipment Transportation for all Members and Staff from Kathmandu to Chame (Drive) and to Base camp (by Porters / Mule) While returning: Base camp to Pisang (by porters / Mule) and Pisang to Kathmandu (Drive).
- Up to 30 Kg per member for personal baggage during the trek carried by porter or Mule.
- Food 3 meals a day Breakfast Lunch and Dinner including tea and coffee along with accessible accommodation at Hotel/Lodge/Tea house/Camp during the trek and Base Camp Well-managed base camp set up for members and staff.
- All Necessary equipment for Camping during the trek.
- Porters1: Member1 up to Base camp.
- Experienced and well-trained Base camp Cook and kitchen Helpers as required.
- All Nepalese staff and porters' daily wages, equipment, food, and clothing.
- Each member will have an individual north-face tent in Base Camp.
- All camping equipment such as a dining tent with table and chairs, Kitchen Tent, Toilet Tent, and all necessary cooking gear.
- Heater for base camp in each Dining.
- Necessary light at Dining tent and Kitchen tent.
- Veteran and Government Licensed Climbing Guide.
- Climbing Sherpa's Salary, Equipment, Food, And Clothing.
- Oxygen bottles will be in stock at base camp in case of an emergency (with appropriate charge).
- 1 Set of Summit Oxygen masks will be in base camp in case of an emergency.
- High Altitude Tent, Necessary cooking EPI gas, cooking pot for a member, High food for a member, Sherpa, all climbing and cooking crew at (C1) (C2), and (C3). Group climbing gears and fixed and dynamic rope during the climbing period as required.
- Walkie–Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- Satellite Phone and walkie-talkie permit for all members and staff.
- Comprehensive Medical kit for group.
- Weather forecast report during the entire expedition.
- Mt. Annapurna Climbing certificate issued by the Ministry of Culture, Tourism and Civil Aviation (Nepal) (after climbing Mt. Annapurna IV successfully).

Excludes

- International flight airfare (from and to Kathmandu).

- Nepali Visa fee is US\$ 40 per person for 30 days (to be applied for 60 days (USD\$ 90)).
 - Lunch and dinner during the stay in Kathmandu (also in case of early return from Trekking / Expedition than the scheduled itinerary).
 - Extra night's accommodation in Kathmandu in case of early arrival or late departure, early return from Trekking / Expedition (due to any reason) than the scheduled itinerary.
 - Travel and high-altitude insurance, accident, medical, and emergency evacuation.
 - Medical Insurance and emergency rescue evacuation costs if required. (Rescue, Repatriation, Medication, Medical Tests, and Hospitalization costs).
 - Telephone, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, and any Alcoholic beverages.
 - Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking /Climbing Gear.
 - Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
 - Special Filming, Camera, and Drone permit fee.
 - Internet facility.
 - Summit bonus for climbing Sherpa minimum USD 1000.
 - Calculate some tips for Base Camp staff and Porters.
 - Any other services or activities, that are not mentioned in the itinerary, or any other item not listed in the Cost Includes section.
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