# **Saribung Peak Climbing**

#### **Standard Iterinary**

#### Saribung Peak Climbing Itinerary:

# Day 01: Kathmandu

Arrival at Kathmandu 1310m Welcome program by Himalayan Nepal Trek and direct transfer to hotel on BB plan.

# Day 02: Kathmandu

Permit Preparation and sightseeing in Kathmandu Valley. Overnight at Hotel on BB plan.

#### Day 03: Pokhara

Drive from Kathmandu to Pokhara 850m Duration: 6/7 hours. Overnight at Hotel on BB plan

#### Day 04: Jomsom

Flight from Pokhara to Jomsom 2720m explore around Jomsom. Overnight at Lodge

# Day 05: Lo Manthang

Drive to Lo Manthang 3840 m 5/6 hrs. Overnight stay at Lodge.

#### Day 06: Lo Manthang

Full-day exploration around Lo-Manthang Royal Palace Namgyal Monastery and Jhong Cave. Overnight at Lodge.

### Day 07: Yara

Trek to Yara, an altitude of 3610m 5/6 hours. Overnight at a tented camp.

#### **Day 08: Luri Cave Monastery**

Trek from Yara to Luri Cave Monastery 4005m 4/5 hours. Overnight at tented camp.

#### Day 09: Thanti

Trek from Luri Cave to Ghuma Thanti 4600m 5/6 hours. Overnight at tented camp.

# Day 10: Namta Khola

Trek from Ghuma Thanti to Namta Khola 4890m 6/7 hours. Overnight at tented camp.

#### Day 11: Saribung Base Camp

Trek from Namta Khola to Saribung Base Camp 4950 6/7 hours. Overnight at tented camp.

#### Day 12: Saribung Base Camp

Acclimatization day and explore the surrounding area. Overnight at a tented camp.

#### Day 13: Camp I

Trek from Saribung Base Camp to Camp I 5730m 5/6 hours. Overnight at tented camp.

#### Day 14: Base Camp

Climb from Base Camp to the Summit of Saribung Peak 6346m and return to Base Camp 4950m 8/9 hours. Overnight at tented camp.

### Day 15: Nagoru

Trek from Base Camp to Nagoru 4400m via Saribung Pass 6020m 6/7 hours. Overnight at tented camp.

#### Day 16: Phu Gaon

Trek from Nagoru to Phu Gaon 4080m 5/6 hours. Overnight at tented camp.

#### Day 17: Meta

Trek from Phu Gaon to Meta 3560m 5/6 hours. Overnight at tented camp.

# Day 18: Koto

Trek from Meta to Koto 2600m 6/7 hours. Overnight at tented camp.

#### Day 19: Kathmandu

Drive from Koto to Kathmandu by public jeep via Besisahar 8/9 hours transfer to hotel evening farewell dinner in typical Nepali cultural restaurant. Overnight at hotel on BB plan.

#### Day 20: Departure

Departure from Kathmandu to your onward destination, our representative will assist you to the airport.

#### Includes and Excludes

#### **Includes**

- 3 Times airport pick up and drops (international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive from Katmandu to Pokhara by local bus 6/7 hours guest and guide (optional: flight or private vehicle as per participant's preference).
- Drive from Koto to Kathmandu by public bus guest and guide (optional: private vehicle as per participant's preference).
- Staff transportation Kathmandu/ Lo- Manthang /Koto/Kathmandu.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- Kitchen and Camping Staff.
- North Face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter: Porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Tourism Board (NTB).
- Guide and other staff equipment.
- and Phu Valley restricted area permits.

- Upper Mustang restricted area permits.
- Annapurna Conservation Area entry permits (ACAP).
- Trekking Information Management System (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

#### **Excludes**

- Participants trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Extra porters if guests are required.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.