

Saipal Base Camp Trek

Standard Itinerary

Saipal Base Camp Trek Itinerary:

Day 01: Katmandu

Arrival at Katmandu, Welcome by Himalayan Nepal Treks and direct transfer to hotel on BB plan.

Day 02: Katmandu

Katmandu valley sightseeing / Cultural Day in Katmandu Valley Half-day sightseers around Katmandu with a cultural guide to Pashupatinath, Boudhanath, Swayambhunath, and Hindu temples, and shrines reflecting ancient local traditions. There is time to explore the city's many places of interest on your own or take a rest while trekking permits are finalized.

Day 03: Gokuleshwar

Fly to Dhangadi and Drive to Gokuleshwar

From Kathmandu you take a wonderful flight with arresting view of Manaslu, Annapurna, Dhaulagiri Mountain will take you to far west Nepal Dhangadi, After Lunch in Dhangadi we will catch public transportation, the narrow road will take you to Gokuleshwar, where we will stay overnight at camp.

Day 04: Karkale

Trek from Gokuleshwar to Karkale 950m

We today begin to trek only after lunch we will hike through an area with a picturesque peak view and striking landscape. After having lunch, we will start our trek. We will have to make about a 2-hour straight walk and reach Karkale, where we will stay overnight at camp.

Day 05: Chiureni

Trek from Karkale to Chiureni 1,100m.

From Karkale, we will walk through stunning villages and farmland. On the way, we will cross countless hanging bridges. After walking for six and a half hours, we will reach Chiureni. In Nepali,

Chiuri means butter tree. We will see many butter trees around our campsite and stay overnight in a tent.

Day 06: Makarighat

Trek from Chiureni to Makarighat 1,800m.

On this day our trekking trail follows the Chamliya Khola moving ahead from Chiureni. The trail goes straight and some parts narrow. 7 hours walk and stay overnight at tent.

Day 07: Seti

Trek from Makarighat to Seti 3,000m.

Today we have to walk frequently uphill we have to climb 1200m. On the way, we will see some villages and observe that settlements are very scattered. We can see pleasant Mountain View when walking for about six hours and stay overnight in at tent at the public-school ground.

Day 08: Bayaligad

Trek from Seti to Bayaligad 34,00m.

From Seti the track goes to go up and moves down again while we walk for 2 hours then we will reach Lawathi which is the last village of this trek, this place is known as Saheb Bagarâ Many years ago trekkers were staying at that place, so local people start to call Saheb Bagar. From here the trail goes uphill and walks through dense jungle. 5 hours walk and stay overnight in a tent.

Day 09: Simar

Bayaligad Trek to Simar 3600m.

Today, we hike through the thick jungle, the trail goes tenderly uphill. During the summer season, there is a kind of plant that can be seen in this area the name of the plant call Yarsagumba this is a kind of Viagra 5-hour walk and stay overnight at tent.

Day 10: Dhawaliwadar

Trek from Simar to Dhawaliwadar 3800m.

From Simar, today the trail is a straight walk to Dhaliwadar which means cave as mentioned above in the past day nomadic people used to stay at this cave. Today we will walk through the greenery

forest with Mountain View and need to cross some small streams. About five hour's walk and stay overnight in a tent.

Day 11: Saipal Base Camp

Trek from Dhawalidwar to Base Camp (4,100m).

Ascending for about two hours from Dhawalidwar, we will be reached at Api Himal and Saipal base camp. After having lunch go to the holy lake and walk around the base camp and enjoy stunning mountain views. Stay overnight in a tent.

Day 12: Saheb Bagar

Trek from Base Camp to Saheb Bagar 2,800m.

After having breakfast, we descend to Saheb Bagar and go behind the same trail. It takes a six-hour walk and stays overnight at camp.

Day 13: Makarighat

Trek from Saheb Bagar to Makarighat 1,800m.

Today, walking for six and half hours, you will reach Makarighat from Saheb Bagar and stay overnight in a tent.

Day 14: Bitulechaur

Trek from Makarighat to Bitulechaur 1,200m.

We walk on the same trail way back to Bitulechaur from Makarighat for six hours and stay overnight in a tent.

Day 15: Gokuleshwor

Trek from Bitule to Gokuleshwor 8,50m.

From Bitule, we walk through stunning villages 6 hours walk, and stay overnight in a tent.

Day 16: Dhangadi

Drive from Gokuleshwor to Dhangadi by bus for about 14 hours.

Traveling after 14 hours from the bus we reach Dhangadi. Here, you will have a farewell dinner with the porter and other supporting staff overnight at the hotel.

Day 17: Kathmandu

Fly back to Kathmandu.

Transfer to hotel evening farewell dinner with typical Nepali culture dance restaurant stay at star label hotel on BB plan.

Day 18: Departure

Departure from Kathmandu to your onward destination

Includes and Excludes

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Sightseeing in world heritage sites in Kathmandu valley with a private vehicle and experienced cultural guide.
- Domestic flight from Kathmandu to Dhangadi/Kathmandu one way 1, hour 10-minute guest and guide (optional: Drive to Kathmandu/Gokuleswor/Kathmandu private vehicle or public bus as per participants preference).
- Staff transportation Kathmandu /Gokuleswor /Kathmandu.
- Twin-sharing accommodation during the trek (Tent/Tea house/lodge).
- All camping equipment's two-man tent north face kitchen tent dining tent toilet tent chair mattress kitchen equipment including kitchen staffs etc.
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference
- Necessary Porters during the trek.
- All Government local Taxes trekking information management systems (TIMS).
- Saipal restricted area permits.

- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

Excludes

- Lunch and dinner in Kathmandu.
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek).
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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