

# Renjo La Pass Trek

## Standard Itinerary

### Gokyo Renjola Pass Trek 14 Days Itinerary:

#### Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative from Himalayan Nepal Trek and transfer to hotel on BB plan

##### Highlights:

- Airport Pickup by our staff with our (Place card) Company Logo and your name on it.
- Hotel check-in at Thamel (tourist city).
- Briefing related to the Everest Base Camp Trek.
- Staff's introduction Guide and Porters.
- Shopping for the necessary items if needed.
- Welcome dinner program.
- Overnight at a hotel on BB plan.

#### Day 02: Phakding

Flight from Kathmandu to Lukla and Trek to Phakding 2650m/ 8695ft 4/5 hours. Overnight at Lodge.

##### Highlights:

- Airport drops by private vehicle (Kathmandu domestic airport).
- Mountain flight to Lukla with an amazing view of Himalayan settlements, waterfalls, rivers, hills, Mountain ranges, and valleys.
- Check in at Lukla (Tourist Check Post) Khumbu Pasang Lhamu municipality.
- Yaks and Mule Caravan along the trail.
- 3 hours Trek observing typical villages, traditional farming, Mani walls, stupas, and Monastery.
- View of a general mountain peak.

#### Day 03: Namche Bazaar

Trek from Phakding to Namche Bazaar 3440m | 11287ft, 6/7 hours. Overnight at Lodge.

Highlights:

- Initial crossing of a metallic suspension bridge.
- Trek via the temperate and subalpine forests.
- Yaks and Mule Caravan.
- Check in to the Sagarmatha National Park.
- Trek along the Bhote Koshi river with its buzzing sound.
- Lunch at the beautiful riverside restaurant.
- View of Mt Thamsherku, Kusumkhang and Tawache.
- Encounter view of double suspension bridges with hung prayer flags.
- Stiff climb to reach Namche.
- View of hiked trail from a beautiful cliff in between lunch camp and Namche Bazaar.

## Day 04: Namche Bazaar

Acclimatization day and Hiking Everest View Hotel viewpoint, 2 hours climb. Overnight at Lodge.

Highlights:

- Visit the sunrise viewpoint at Namche.
- View of majestic Everest, Lhotse, Nuptse, Thamsherku, Kusumkhang, Khangtega, Tawache, Amadablam, Khumbila, and Kwangde
- Visit the community museum of Sagarmatha National Park.
- Hike to the Everest Viewpoint Hotel (2900m) for 2 hours for altitude adoption.
- Drink tea or coffee at the viewpoint with one of the best viewpoints throughout the trek.
- Visit the Khumjung Valley and Khumjung school.
- Acclimatize 600m.

## Day 05: Thame

Trek from Namche Bazar to Thame 3610m 5/6 hours. Overnight at Lodge.

Highlights:

- Unique view of Kwangde peak
- Encounter Himalayan pheasant and musk deer
- Hike via Sherpa traditional farming and typical village

- Visit Thame Monastery
- Visit the village of great Sherpa climbers

## Day 06: Lungdhen

Trek from Thame to Lungdhen 4380m 5-6 hours. Overnight at Lodge.

Highlights:

- View of Rolwaling mountains.
- Hike in the open subalpine landscape.
- Preparation for 1st pass Renjo La Pass 5415m.

## Day 07: Gokyo Lake

Trek from Lungdhen to Gokyo Lake 4790m Renjo La Pass 5360m 6-7 hours. Overnight at Lodge.

Highlights:

- Trek via sub-alpine and alpine landscapes.
- **Trek via Renjo La Pass 5360m, the best viewpoints of the Everest region.**
- View of four eight-thousand-meter peaks Everest, Lhotse, Makalu, and Cho-Oyu.
- Visit around most beautiful Gokyo Lake.

## Day 08: Phortse

Trek from Gokyo Lake to Phortse Village 3810m 5-6 hours. Overnight at the lodge.

Highlights:

- Trek via the most unique and off-the-beaten path to Phortse village.
- Trek to Subalpine Landscape.
- Encounter Blue Sheep and Himalayan pheasant.
- Trek via a beautiful valley of rolling hills.
- View of Tengboche monastery.

## Day 09: Namche Bazaar

Trek from Phortse to Namche Bazaar 3440m | 11287ft 5/6 hours. Overnight at Lodge.

Highlights:

- Trek via Rhododendron Forest.
- Visit Namche Bazaar.
- Rest at an exceptional viewpoint with a coffee station.
- Trek via beautiful view of majestic Everest, Lhotse, Nuptse, and Amadablam.
- Buy some Souvenirs at Namche.

## **Day 10: Lukla**

Trek from Namche Bazaar to Lukla 2860m | 9383ft hours. Overnight at Lodge.

Highlights:

- Enjoy the last day with all staff at Lukla.
- Gift exchange, if have any.
- Farewell cake and dinner together with all of the staff.
- Group Picture.

## **Day 11: Kathmandu**

Early morning flight to Kathmandu and transfer to hotel. Evening farewell with cultural dance and in a typical Nepali restaurant. Overnight at Hotel on BB plan.

Highlights:

- Hotel drops in a private vehicle.
- Further program discussion.
- Employee feedback and company review.
- Suggestions and recommendations for the company.
- Farewell dinner with cultural dance in a typical Nepali restaurant.

## **Day 12: Departure**

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination.

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## **Includes and Excludes**

### **Includes**

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis)
- Sightseeing in world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide
- Twin-sharing accommodation during the trek (guest house/Tea house and lodge)
- Proffered language-speaking local guide as per your preference (Trained and licensed holder by the government of Nepal)
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg only.
- All Government local Taxes (National Park, airport, and municipality)
- National Park fees (Sagarmatha national park, Monjo)
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality)
- First aid and equipment for a porter for the extreme adventure route
- Guide and porter salary as per the company policy and government rules
- Duffel bag during the trek
- Company t-shirt (trekking fabric)
- Route map
- Staffs medical insurance during the trek

## **Excludes**

- Lunch and Dinner in Kathmandu
  - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - Emergency rescue and travel Insurance (most required insurance policy in high altitude trek)
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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