

Rara Lake Trek

Standard Itinerary

Rara Lake Trek Itinerary:

Day 01: Kathmandu

Arrive at Kathmandu airport at 1310m.

As you land at Tribhuvan International Airport, Kathmandu, you will be received by the representative staff from Himalayan Nepal Trek with a proper greeting. Then, afterward, you will be transferred to a hotel stay overnight in a hotel on the BB plan.

Day 02: Kathmandu

Sightseeing in Kathmandu

On the second day, you will move to know the Kathmandu valley through the mode of sightseeing after breakfast. As a part of seeing the sight, you will visit Pashupatinath and Boudhanath which are listed as World Heritage Sites. Pashupatinath is the symbol of Hinduism whereas Boudhanath represents Buddhism even though people visit each other with great respect. Then, you will return to the hotel. Stay overnight in a hotel.

Day 03: Nepalgunj

Flight to Nepalgunj

On the third day of trekking, you will wake up and will transfer to the airport from where you will take a flight to Nepalgunj. After turning up to Nepalgunj and taking some rest you will set out to visit the religious and famous temple of Nepalgunj along with some bazaars. Stay overnight in a hotel.

Day 04: Jumla

Flight to Jumla 2370m

From Nepalgunj, you will take a flight to Jumla and for additional information, it is acknowledged for refinement paddy. From Jumla you will take hold on the trek moving towards the western division which is well-known as Padmara. Padmara 3017m is spot all along by two trails Gumgarhi and next

is Rara. Stay overnight in a tented camp.

Day 05: Danphe Langu

Trek to Danphe Langu 3500m

On the following day, you will start on the trek from Jumla to Danphe Langu which is situated at an altitude of 3500m. You will follow the main street of Jumla by passing Sisnamu and big forests. Climbing the meadows, you will turn up at Danphe Langu where you can make out Jagdual Himal and Patراسi Himal. Stay overnight in a tented camp.

Day 06: Chauta

Trek to Chauta 2770m

On the following day spending a night at Danphe Langu you will head to Chautha. Chautha is to be found at an altitude of 2770m. You will go downhill to the forest, walnuts crossing the ide-ranging bridge of Sinja Khola and lastly you will arrive in Chautha. Stay overnight in a tented camp.

Day 07: Dothu

Trek to Dothu 2380m

On the next day, you will walk from Chautha to Dothu taking some uphill and downhill through the rocky trail. You will pass the wooded valley and some good-looking fields Screening the flapping flags and prayer flags you will reach Dhotu which is positioned at the height of 2380m. Stay overnight in a tented camp.

Day 08: Rara Lake

Trek to Rara Lake 2980m

From Dothu you will walk to Rara Lake with an elevation of 2980m and is a short entertaining trek with incredibly well views of the North. You will cross the bridge and mount to the settlement of Jhari concerning 700m to get there. Rara Lake, the largest lake is perceptible with no setback from the North of the lumber. Trekking in Rara Lake will help out in screening the paddock of the southern face of the lake. Stay overnight in a tented camp.

Day 09: Rara Lake

On the following day, you will have some rest and stroll around the secure contiguous Rara Lake as this lake was chosen as a National Park in 1975. It is peculiar to be familiar with the realism that it consumes 8 hours of amble on all sides of the lake. Stay overnight in a tented camp.

Day 10: Gorosigha

Trek to Gorosigha 3190m

With the improvement of the trek, you will be in motion toward Gorosigha with an elevation of 3190m. There is no surpassing this very tall rim where the trail goes surrounding to the southeast at the height of 3,190 meters. The trail so far moves downward taking the eastern part of Chuchemara Danda. It is normal to take a slide down to Ghorasain. Stay overnight in a tented camp.

Day 11: Sinja

Trek to Sinja 2440m

Leaving Ghorasain heading to slide down to the valley through the forests to the peak at 5351m is our target for today. Afterward, the trail goes surrounding southeast above the high countryside of Lumas. Here, you can have a greater view of the south all along the Sinja valley. Taking descending movement to Okharpati village will show the way to Mindrabali Gad. Again, moving down from Okharpati will take you to Sinja 2440m. Stay overnight in a tented camp.

Day 12: Jaljala Chaur

Trek to Jaljala Chaur 2370m

Taking ascend from Sinja you will head to Jaljala Chaur which is to be found at an elevation of 2370m. You will enjoy ascending and trekking for some hours you will find a place to see the camp and have some rest. Stay overnight in a tented camp.

Day 13: Jumla

Trek to Jumla 2270m

On the following day, you will leave Jaljala Chaur to trek Jumla and the natural world of trekking will be charming with Alpine grazing land. Viewing the fastidious scenery of Jumla town and the valley of Tila will endorse the Chyakhure Lekh. The return to the town campsite amusingly falls over in the intended stages. Stay overnight in a tented camp.

Day 14: Nepalgunj

Flight to Kathmandu 1310m via Nepalgunj

Arriving in Kathmandu you will drive towards the hotel where you can take a rest in your hotel. Evening farewell dinner in Nepali cultural dance restaurant stay overnight in a hotel on BB plan.

Day 15: Departure

Departure from Kathmandu to your onward destination our representative will drop you at the airport for your further destination.

Includes and Excludes

Includes

- 6 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- 1 Night Hotel in Nepalgunj diner and breakfast plan.
- Sightseeing world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide.
- Domestic flight from Kathmandu to Nepalgunj/Jumla/Nepalgunj/Kathmandu.
- Staff transportation Kathmandu /Jumla /Kathmandu.
- Twin-sharing accommodation during the trek (according to programs Tent/Tea house/lodge).
- All camping equipment's two-man tent north face kitchen tent dining tent toilet tent chair mattress kitchen equipment including kitchen and camping staff etc.
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference
- Necessary Porters during the trek.
- All Government local tax Rara National Park entry permit and TIMS card).
- Jumla restricted area permits.
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.

- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staff's medical insurance during the trek.

Excludes

- Lunch and dinner in Kathmandu.
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek).
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
-