

# Ramdung Peak Climbing

## Standard Itinerary

### Ramdung Peak Climbing Itinerary:

#### Day 01: Kathmandu

Arrival at Tribhuvan International Airport Kathmandu 1310m, Transfer to hotel on BB plan.

#### Day 02: Simigaon

Drive from Kathmandu to Simigaon 2025m/6643ft, 8/9 hrs. Overnight at tented camp.

#### Day 03: Donga

Trek to Donga 2800m/9185ft 6/7 hours. Overnight at tented camp.

#### Day 04: Beding

Trek to Beding 3690m 6/7 hours. Overnight at tented camp.

#### Day 05: Nagaon

Trek to Nagaon 4,183m. Overnight at tented camp.

#### Day 06: Nagaon

Rest day explore the traditional village. Overnight at a tented camp.

#### Day 07: Ramdung Base Camp

Trek to Ramdung Base Camp 5040m. Overnight at tented camp.

#### Day 08: Ramdung Base Camp

Early in the morning, our climbing guide will take us to Ramdung peak 5925m summit and back to Ramdung peak base camp for 8/9 hours. Overnight at tented camp.

#### Day 09: Tsorolpa

Trek to Tsorolpa for 6/7 hours. Overnight at tented camp.

## **Day 10: Bedding**

Trek to Bedding 6/7 hours. Overnight at tented camp.

## **Day 11: Donga**

Trek to Donga for 6/7 hours. Overnight at tented camp.

## **Day 12: Simigaon**

Trek to Simigaon 5/6 hours. Overnight at tented camp.

## **Day 13: Kathmandu**

Drive back to Kathmandu 8/9 hours evening farewell dinner in Nepali culture restaurant. Overnight at hotel on BB plan.

## **Day 14: Departure**

Departure from Kathmandu to your onward destination our representative will drop you at the airport for your destination.

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## **Includes and Excludes**

### **Includes**

- 2 Times airport pick up and drops (international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Simigaon guest and guide (optional: private vehicle as per participant's preference).
- Drive from Simigaon to Kathmandu by Public van guest and guide (optional: private vehicle as per participant's preference).
- Staff transportation in Kathmandu/Simigaon /Kathmandu.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).

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- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
  - Assistance climbing Sherpa 5:1 during the climbing period.
  - North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
  - Kitchen and camping staff.
  - Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
  - Necessary Porter: Porter carries 25kg.
  - All Government and local Taxes.
  - Peak climbing permit from Nepal Mountaineering Association (NMA).
  - National Park entry permit.
  - Trekking Information Management System (TIMS card).
  - First aid and equipment for a porter for the extreme adventure route.
  - Guide and porter salary as per the company policy and government rules.
  - Facilities to store your stuff at a hotel in Kathmandu.
  - Duffel bag during the trek, company t-shirt, route map.
  - Staffs medical rescue insurance during the trip.

## **Excludes**

- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - Extra porters if guests are required.
  - Emergency rescue and travel Insurance (most required factor in high altitude trek).
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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