

Pokhalde Peak Climbing

Standard Itinerary

Pokhalde Peak Climbing Itinerary:

Day 01: Katmandu

Arrival at Katmandu 1350m welcoming by Himalayan Nepal Trek and direct transfer to Hotel on BB plan.

Day 02: Phakding

Fly to Lukla 35min and trek to Phakding for 3 hours. Overnight at Lodge

Day 03: Namche Bazaar

Phakding to Namche Bazaar 5/6 hours. Overnight at Lodge

Day 04: Namche Bazaar

Acclimatization rest day at Namche sightseeing monastery and Sagarmatha museum stay at Lodge.

Day 05: Tengboche

Namche Bazaar to Tengboche 3867m 5/6 hrs. Overnight at Lodge

Day 06: Dingboche

Trek to Dingboche 4410m 4/5 hours. Overnight at Lodge

Day 07: Lobuche

Trek to Lobuche 4910m 5/6 hours. Overnight at the lodge.

Day 08: Gorakshep

Trek to Gorakshep 5,160m 4/5 hours visit to Everest Base Camp then back to Gorakshep 3/4 hrs. Overnight at Lodge.

Day 09: Lobuche

Early morning hike to Kalapattar 5555m 3 hours and trek down to Lobuche 7/8 hrs. Overnight at Lodge.

Day 10: Pokhalde Peak Base Camp

Lobuche to Kongmal Pass – Pokhalde Peak Base Camp 4300m. Overnight at tent.

Day 11: Pokhalde High Camp

Base Camp to High Camp 5000m. Overnight at the tent.

Day 12: Dingboche

High Camp to Summit Pokhalde Peak 5800m and back to Dingboche. Overnight at Lodge.

Day 13: Tengboche

Trek to Tengboche 5/6 hours. Overnight at Lodge.

Day 14: Monjo

Trek to Monjo 2835m 5/6 hours. Stays at Lodge.

Day 15: Lukla

Trek to Lukla 2840m 4/5 hours stay at the lodge.

Day 16: Kathmandu

Early morning flight to Kathmandu, Evening farewell dinner in Typical Nepali restaurant with cultural dance. Overnight at the hotel.

Day 17: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

Includes

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park fees (Sagarmatha national park, Monjo).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

Excludes

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.