# Pharchamo Peak Climbing

### **Standard Iterinary**

#### **Pharchamo Peak Climbing Itinerary:**

# Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan

# Day 02: Simagaun

Drive from Kathmandu by public jeep to Simagaun 1990m 9/10 hours. Overnight at tent.

# Day 03: Kharka

Trek from Simigaun to Kharka 2900m 6 hours. Overnight at tent.

# Day 04: Beding

Trek from Kharka to Beding 3690m 4 hours. Overnight at tent.

# Day 05: Beding

Rest day at Beding for better acclimatization. Overnight at tent.

### **Day 06: Na**

Trek from Beding to Na 4180m 5 hours. Overnight at tent.

# **Day 07: Na**

Rest day at Na to explore the surrounding. Overnight at tent.

### Day 08: Chhyugima Lake

Trek from Na to Chhyugima Lake 4540m 7 hours. Overnight at tent.

# Day 09: Laptcha Base Camp

Trek from Chhyugima to Tashi Laptcha Base Camp 5,010m 5 hours. Overnight at tent.

# Day 10: Popchermo Base Camp

Cross Tashi Laptcha Pass 5755m 6/7 hours Continue to Phachermo Base Camp 5600m. Overnight at tent.

#### Day 11: Pharchermo Base Camp

Climb Pharchamo Peak 6273m and back to Base Camp, 8/9 hours. Overnight at tent.

# Day 12: Ngole

Trek from Pharchaamo Base Camp to Ngole 5110m 5 hours. Overnight at tent.

# Day 13: Thame

Trek from Ngole to Thame 3820m 5 hours. Overnight at Lodge.

# Day 14: Namche Bazar

Trek from Thame to Namche Bazar 3440m 5 hours. Overnight at Lodge.

# Day 15: Lukla

Trek from Namche to Lukla 2840m 6/7 hours. Overnight at Lodge.

# Day 16: Kathmandu

Fly from Lukla to Kathmandu airport and transfer to the hotel. Evening farewell dinner in a Nepali cultural restaurant. Overnight hotel on BB plan.

# Day 17: Departure

Departure from Kathmandu to your onward destination our representative will drop you at the airport for your further destination.

#### Includes and Excludes

#### **Includes**

• 3 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.

- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Flight fare Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp)
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal)
- Other supporting staff transportation Kathmandu / Sigati/Lukla/Kathmandu.
- Assistance climbing Sherpa 5:1 during the climbing period.
- North Face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter: Porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park fees (Gaurisangkhar and Sagarmatha national park).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

#### **Excludes**

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.