

# Nirekha Peak Climbing

## Standard Itinerary

### Nirekha Peak Climbing Itinerary:

#### Day 01: Kathmandu

Arrive in Kathmandu 1310m welcome by Himalayan Nepal Trek transfer to hotel briefing stay at a hotel on BB plan.

#### Day 02: Phakding

Fly to Lukla 2840m 35min trek to Phakding 2652m 3 hours. Overnight at Lodge

#### Day 03: Namche Bazaar

Phakding to Namche Bazaar 3440m 6 hours. Overnight at Lodge

#### Day 04: Namche Bazaar

Rest day in Namche Bazaar for Acclimatization visit around the Namche Bazaar stay at the lodge.

#### Day 05: Dole

Namche Bazaar to Dole 4040m 5/ 6 hours. Overnight at Lodge

#### Day 06: Machhermo

Dole to Machhermo 4410m 2/3 hours. Overnight at Lodge

#### Day 07: Gokyo

Machhermo to Gokyo 4,750m 3/4 hours. Overnight at Lodge

#### Day 08: Gokyo

Hike to Gokyo Ri Peak 5360m back to Gokyo. 5 hours. Overnight at Lodge

#### Day 09: Thangna

Gokyo to Thangna 4700m 2/3 hours. Overnight at the lodge.

## **Day 10: Nirekha Base Camp**

Thangna to Nirekha Base Camp 4950m 5/6 hrs. Overnight at tent.

## **Day 11: Nirekha Base Camp**

Set up Base Camp and climbing preparation. Overnight at tent.

## **Day 12: Nirekha High Camp**

Nirekha Base Camp to High Camp 5 hours. Overnight at tent.

## **Day 13: Nirekha Base Camp**

High camp to Nirekha Peak summit 6186m and returns to Base Camp. Overnight at tent.

## **Day 14: Nirekha Base Camp**

Reserve day, pack up, clearing camp. Overnight at tent.

## **Day 15: Dole**

Nirekha Peak Base Camp to Dole 5/6 hrs. Overnight at Lodge.

## **Day 17: Namche Bazar**

Dole to Namche Bazar 5\6 hrs. Overnight at the lodge.

## **Day 17: Lukla**

Namche Bazaar to Lukla and 6/7 hrs. Overnight at Lodge.

## **Day 18: Kathmandu**

Early morning flight to Kathmandu with our guide, our representative will be at our airport to pick you up and transfer you to the hotel, Evening farewell dinner with Himalayan Nepal Trek, exchange memory, relax, and overnight at 3\* hotel on BB plan.

## **Day 19: Departure**

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

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## **Includes and Excludes**

### **Includes**

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North Face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park fees (Sagarmatha national park, Monjo).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

### **Excludes**

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.

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- Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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