

# Mundum Trek 14 Days

## Standard Itinerary

### Mundum Trek Itinerary

Day 01: Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative from Himalayan Nepal Trek and transfer to hotel on BB plan

Day 02: Trek preparation of Mundum Trek free day in Kathmandu overnight at hotel on BB plan

Day 03: Drive from Kathmandu to Diktel Bazar 1,650 m overnight at Lodge

Day 04: Trek to Chakhewa Village 2,300 m overnight at Tent

Day 05: Trek to Dhotre 2,752 m overnight at Tent

Day 06: Trek to Maiyung 3,122 m overnight at Tent

Day 07: Trek to Rawadhap 3,426 m overnight at Tent

Day 08: Trek to Salpa Bhanjyang 3,348 m overnight at Tent

Day 09: Explore around Silchung Hill 4,200 m overnight at Tent

Day 10: Trek to Hyakule 2,972 m overnight at Tent

Day 11: Trek to Hanspokhari 2,962 m overnight at Tent

Day 12: Trek to Bhojpur 1,600 m overnight at Lodge

Day 13: Drive back to Kathmandu overnight at hotel

Day 14: Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination.

## Includes and Excludes

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## Includes

2 Times airport pick up and drops international by Car, Van, Hi-ace, or Coaster in a standard private vehicle.

3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.

3 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).

Sightseeing UNESCO world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide.

Drive from Kathmandu to Diktel Bazar by Local Jeep with staffs

Drive from Bhojpur to Kathmandu by Local Jeep with staffs

Twin-sharing accommodation during the trek (according to programs hotel, Tent/Tea house/lodge).

All camping equipment's two-man tent north face kitchen tent dining tent toilet tent chair mattress kitchen equipment including kitchen and camping staff etc.

Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.

Necessary Porters during the trek.

All Government local tax

First aid and equipment for a porter for the extreme adventure route.

Guide and porter salary as per the company policy and government rules.

Duffel bag during the trek.

Company t-shirt.

Route map.

Staff's medical insurance during the trek.

## Excludes

Lunch and dinner in Kathmandu.

Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.

Emergency rescue and travel Insurance (most required factor in high altitude trek).

Trip cancellation cost, loss, damage, and personal effects.

Entrance fees for temples, monasteries, and museums during sightseeing and trekking.

Tips and gratuities for the staff.

Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.

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