

# Mardi Himal Trek

## Standard Itinerary

### Mardi Himal Trek Itinerary:

#### Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan

#### Day 02: Deurali

Drive from Kathmandu to Deurali 2232m by bus 9/10 hours. through Pokhara. Overnight at Lodge.

#### Day 03: Low Camp

Trek from Deurali to Low Camp (2600m) for approximately 7/8 hours. Overnight at Lodge.

#### Day 04: High Camp

Trek from via Badal Danda 3400m (best viewpoint of Annapurna south, Annapurna I, Huinchuli, Fishtail, Mardi Himal, Gangapurna, Gandharvachuli) and overnight at Highcamp 3550m 5/6 hours. Overnight at Lodge.

#### Day 05: Siding Village

Explore the hike around Mardi base camp 4500m and back to Siding Village 1700m 6/7 hours. Overnight at Lodge.

#### Day 06: Pokhara

Drive from Siding Village by public jeep to Pokhara 822m 2 hours. Overnight at Hotel on BB plan.

#### Day 07: Kathmandu

Drive from Pokhara by tourist bus to Kathmandu, Farewell dinner typical Nepali cultural dance restaurant. Overnight at Hotel on BB plan.

#### Day 08: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

## **Includes and Excludes**

### **Includes**

- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Pokhara/Deurali 221 km guest and guide (optional: flight or private vehicle as per participants preference).
- Drive from Siding Village to Pokhara/ Kathmandu 226 km by public jeep/ bus guest and guide (optional: flight to Kathmandu or private vehicle as per participant's preference).
- Twin-sharing accommodation during the trek (guest house/Tea house/lodge).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) in other languages as per the participant's preference.
- Staff transportation Kathmandu / Deurali/ Siding Village/Kathmandu.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg only.
- All Government and local Taxes (ACAP and TIMS).
- Annapurna conservation area project entry permits (ACAP).
- Trekking information management systems (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

### **Excludes**

- Lunch and Dinner in Kathmandu
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.

- 
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
-