

Makalu Base Camp Trek

Standard Itinerary

Makalu Base Camp Trek Itinerary:

Day 01: Kathmandu

Arrive at Kathmandu airport at 1310m.

As you land at Tribhuvan International Airport, Kathmandu, you will be received by the representative staff from Himalayan Nepal Trek with a proper greeting. Then, afterward, you will be transferred to the hotel where you will learn the detailed itinerary. We can change the set itinerary as per your feasibility. Stay overnight in a hotel.

Day 02: Num

Flight to Tumlingtar 45 min and drive to Num 1505m 3hrs

On the following day, you will drive to Tribhuvan International Airport to catch the flight to Tumlingtar 410m. During the flight, you can view the mountains and the villages from the height. Within 45 minutes you will arrive at your destination and once when you turn up to Tumlingtar you will take another drive to Num in a jeep taking 3 and a half hours. Num is positioned at an elevation of 1505m. Stay overnight in a tented camp.

Day 03: Sedwa

Trek to Sedwa 1530m 5-6 hrs.

On the following day taking an ascend from Num you will soon leave it and head to Sewa which is situated at an elevation of 1530m taking 5 to 6 hours of time frame. You will outlook the pastureland and imagine as if you are reading the poetry. Stay overnight in a tented camp.

Day 04: Tashi Gaon

Trek to Tashi Gawn 2065m 4-5 hrs.

Again, taking ascend in the early morning you will move to Tashigawn which is positioned at an elevation of 2065m. The trekking duration takes 4 to 5 hours of a short walk, and you will feel

comfortable on this day. Stay overnight in a tented camp.

Day 05: Tashi Gaon

Rest day for acclimatization

This is the day to take some rest. It has its meaning to take on innovative environments as well as reinforce the muscles. Resting does not now understand staying motionless. Here, you will stir out from the camp and will make out the sights in a unique environment. Stay overnight in a tented camp.

Day 06: Khongma

Trek to Khongma 3562m 6-7 hrs.

On the following waking up early in the morning, you will set out to trek Khongma which is positioned at an elevation of 3562m. It consumes 6 to 7 hours of the time frame in completing the trek. In comparison to the past today you have walked a bit longer. Stay overnight in a tented camp.

Day 07: Mumbuk

Trek to Mumbuk and high passes and return to Mumbuk 3550m 7-8 hrs.

On the next day, you will head from Khongma to Mumbuk walking more than the previous day. As you will pass Khonma La which is situated at an altitude of 3873m the nature of the Trek is adventurous. Then, slowly you will cross another pass as well called Tutu La Pass 4056m and Shipton La Pass 4220m, Mumbuk 3550m, and Keke La Pass 4152m. Then, you will again return to Mumbuk 3550m. Stay overnight in a tented camp.

Day 08: Yangri Kharka

Trek to Yangri Kharka 3610m 5-6 hrs.

On the next day, you will set up to start on the trek to Yangri Kharka which is to be found at an elevation of 3610m. The trek takes 5 to 6 hours. Previous to that you will cross the forest of Rhododendrons screening the way to Barun River and the Upper part of the valley. The pleasant amble will take us to Yangri Kharka. Stay overnight in a tented camp.

Day 09: Langmale Kharka

Trek to Langmale Kharka 4100m 5-6 hrs.

On the following day, it's time to trek Langmale Kharka taking ascending with a total elevation of 4100m taking 5 to 6 hours to accomplish. From this point, you will make out to Makalu Base Camp which is greater to have some rest and have Makalu Base Camp. Stay overnight in a tented camp.

Day 10: Makalu Base Camp

Trek to Makalu Base Camp 4870m 5-6 hrs.

On a primary day, you will wake up early and will go through the guide. Getting happiness from the amazing panorama of the Himalayas all through the day you will accomplish a day tour to Makalu Base Camp with an elevation of 4870m taking 5 to 6 hours. Stay overnight in a tented camp.

Day 11: Makalu Base Camp

Hike to view Mountain Glacier

This is the day more like exploring Makalu Base Camp where you will hike to Excoriation aiming to view Mountain Glacier. When you get to outlook that moment you will not believe your eyes and at the same time feel proud of yourself. Stay overnight in a tented camp.

Day 12: Yangri Kharka

Trek back to Yangri Kharka 3610m 7-8 hrs.

On the following day, you will wake up without pressure and then head to Yangri Kharka covering the altitude of 3610m one more time as you are following the same route to return the Kathmandu. It takes 7 to 8 hours, but you will not feel any difficulty as you are already familiar with the trekking trail. Stay overnight in a tented camp.

Day 13: Shiptaon La Phedi

Trek to Shiptaon La Phedi 4120m 7-8 hrs.

Heading further you will leave Yangri Kharka and then move to Shipton La Phedi. It is positioned at an elevation of 4120m taking 7 to 8 hours of extensive walking. You will feel a little bit of thrill when you take ascend. Stay overnight in a tented camp.

Day 14: Tashigawn

Trek to Tashigawn 2065m 6-7 hrs.

On the following day, you will depart from Shiptaton La Phedi heading towards Tashigawn. Our goal is to cover the height of 2065m thus you will take downward movement and within 6 to 7 hours you will turn up to Tashigawn. Stay overnight in a tented camp.

Day 15: Num

Trek to Num 1505m 6-7 hrs

Moving forward from Tashigawn will take you to Num which is situated at an elevation of 1505m. Moving on the uneven trail is somewhat difficult but crossing all those toughness you will arrive in Num within 6 to 7 hours of trekking duration. Stay overnight in a tented camp.

Day 16: Tumlingtar

Drive to Tumlingtar

On the following day, you will take a drive from the Tumlingtar crossing the river and you will travel in the jeep but before taking a drive, it is wise to check the weather forecast once. Arriving in Tumlingtar you will get rest after so many days and is the final destination for Trek. Stay overnight in a lodge.

Day 17: Kathmandu

Flight to Kathmandu and farewell dinner

In the early morning, you will take a flight to Kathmandu from Tumlingtar Airport. This will be a joyous adventurous flight. Arriving in TIA you will be picked up and then again transferred to the hotel where you can enjoy a comfortable bed. In the evening you will return to the hotel completing the short sightseeing to take part in a farewell dinner. Stay overnight in a hotel.

Day 18: Departure

Departure from Kathmandu to your onward destination. Our representative will drive you to the airport for your further destination.

Includes and Excludes

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Domestic flight from Kathmandu to Tumlingtar airport guest and guide (optional: private vehicle or public bus to Tumlingtar as per participant's preference).
- Domestic flight from Tumlingtar to Kathmandu airport guest and guide (optional: private vehicle or public bus to Tumlingtar as per participant's preference).
- Staff transportation Kathmandu/Num /Num/Kathmandu.
- Fully camping service north face tent for guests, dining tent, kitchen tent, toilet tent, mattress, kitchen equipment, camping crew, etc.
- Twin-sharing accommodation during the trek (Tented camp).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porter: Porter carries 25kg only.
- All Government local tax Makalu Bharun national park entry permit and TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

Excludes

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
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- Trip cancellation cost, loss, damage, and personal effects.
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- Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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