

Langtang Gosai Kunda Trek

Standard Itinerary

Langtang Gosai Kunda Trek Itinerary:

Day 01: Kathmandu

Arrival at Kathmandu 1310m. Welcome Program by Himalayan Nepal Trek staff and direct transfer to Hotel in Kathmandu with Bed & Break plan.

Day 02: Syabrubesi

Drive from Kathmandu to Syabrubesi 1450m 7 hours. Overnight at Lodge.

Day 03: Lama Hotel

Trek from Syabru Besi to Lama Hotel 2480m 5/6 hours. Overnight at Lodge.

Day 04: Langtang Village

Trek from Lama Hotel to Langtang Village 3541m 5/6 hours. Overnight at Lodge.

Day 05: Kyanjing Gompa

Trek from Langtang village to Kyanjing Gompa 3900m 3/4 hours. Overnight at Lodge.

Day 06: Kyanjing Gompa

Trip to Tserkuri 4984m, Back to Kyanjing Gompa. Overnight at Lodge.

Day 07: Lama Hotel

Trek from Kyanjin Gompa to Lama Hotel 2480m 6 hours. Overnight at Lodge.

Day 08: Thulo Syabru

Trek from Lama Hotel to Thulo Syabru 2200m 6/7 hours. Overnight at Lodge.

Day 09: Sing Gompa

Trek from Thulo Syabru to Sing Gompa 3584m 6 hours. Overnight at Lodge.

Day 10: Gosain Kunda

Trek from Sing Gompa to Gosain Kunda 4381m 6 hours. Overnight at Lodge.

Day 11: Ghopte

Trek from Gosain Kunda to Ghopte via Gosainkunda pass 4610m to 3440m 6/7 hours. Overnight at Lodge.

Day 12: Melamchi Village

Trek from Ghopte to Melamchigaun 2560m 6/7 hours. Overnight at Lodge.

Day 13: Tarkegyang

Trek from Melamchi Gaun to Tarkegyang 2560m 6 hours. Overnight at Lodge.

Day 14: Sermathang

Trek from Tarkegyang to Sermathang 2621m 6/7 hours. Overnight at Lodge.

Day 15: Melamchi Bazaar

Trek from Sermathang to Melamchi Bazaar 928m 5/6 hours. Overnight at Lodge.

Day 16: Kathmandu

Drive from Melamchi Bazar to Kathmandu, 5 hours. Evening farewell dinner with a Typical Nepali Culture restaurant with a dance program. Overnight at hotel on BB plan

Day 17: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.

- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Syabrubesi 122 km guest and guide (optional: private vehicle as per participant's preference).
- Drive from Melamchi to Kathmandu by public bus guest and guide (optional: private vehicle as per participant's preference).
- Staff transportation Kathmandu/Syabrubesi/Melamchi/Kathmandu.
- Twin-sharing accommodation during the trek (guest house/Tea house/lodge).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porter 1:2 one porter carries 25kg only.
- All Government local Taxes (Langtang National Park entry fee and TIMS cards).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staff medical insurance during the trek.

Excludes

- Lunch and Dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.