

# Langsisa Ri Peak Climbing

## Standard Itinerary

### Langsisa Ri Peak Climbing Itinerary:

#### Day 01: Kathmandu

Arrival at Kathmandu airport 1310m welcome by Himalayan Nepal Trek staff then Transfer to hotel on BB plan.

#### Day 02: Shyabrubensi

Drive from Kathmandu to Shyabrubensi 1420m by local bus 7/8. Overnight at Lodge

#### Day 03: Lama Hotel

Trek from Shyabrubensi to Lama Hotel 2804m 5/6 hours. Overnight at Lodge

#### Day 04: Langtang Village

Trek from Lama Hotel to Langtang Village 3500m 4/5 hours. Overnight at Lodge

#### Day 05: Kyanjin Gumpa

Trek from Langtang village to Kyanjin Gumpa 3800m 2/3 hours and climb up to Kynjin Ri 4750m and back to Kyanjung Gumpa. Overnight at Lodge

#### Day 06: Langshisha Kharka

Trek from Kyanjung Gumpa to Langshisha Kharka 4100m. Overnight at a tented camp

#### Day 07: Base camp

Trek from Langshisa Ri to Base Camp. Overnight at a tented camp.

#### Day 08: High Camp

Trek from Base Camp to High Camp. Overnight at a tented camp.

#### Day 09: Langshisa Ri

Early morning climb to Langshisa Ri 6427m and back to Base Camp. Overnight at the tented camp.

### **Day 10: Kyangjin Gompa**

Trek from Langshisa RI Base Camp to Kyangjin Gompa 6 hours 3,870m. Overnight at Lodge

### **Day 11: Lama Hotel**

Trek from Kyanjin Gompa to Lama Hotel 2804m 5/6 hours. Overnight at Lodge

### **Day 12: Shyabrubensi**

Trek from Lama Hotel to Shyabrubensi 1420m 6/7 hours. Overnight at Lodge

### **Day 13: Kathmandu**

Drive to Kathmandu and transfer to the hotel. Evening farewell dinner in a typical Nepali cultural restaurant with dance programs. Overnight at Hotel on BB plan






### **Day 14: Departure**

Departure from the hotel, our representative will drop you at Kathmandu international airport for your onward destination.

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## **Includes and Excludes**

### **Includes**

-  2 Times airport pick up and drops (international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
-  3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
-  2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
-  Drive from Kathmandu to Shyabrubensi 1420 m by local bus 7/8 overnight at Lodge guest and guide (optional: private vehicle as per participant's preference).
-  Drive from Shyabrubensi to Kathmandu by public bus guest and guide (optional: private vehicle as per participant's preference).

- ✓ Staff transportation Kathmandu/ Shyabrubensi /Kathmandu.
- ✓ Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- ✓ Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- ✓ Assistance climbing Sherpa 5:1 during the climbing period.
- ✓ North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- ✓ Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- ✓ Necessary Porter 2:1 (one porter for two guests) porter carries 25kg.
- ✓ All Government and Local Taxes.
- ✓ Peak climbing permit from Nepal Mountaineering Association (NMA).
- ✓ National Park entry permits.
- ✓ Trekking Information Management System (TIMS card).
- ✓ First aid and equipment for a porter for the extreme adventure route.
- ✓ Guide and porter salary as per the company policy and government rules.
- ✓ Facilities to store your stuff at a hotel in Kathmandu.
- ✓ Duffel bag during the trek, company t-shirt, route map.
- ✓ Staffs medical rescue insurance during.

## **Excludes**

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- ❌ Participants trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - ❌ Extra porters if guests are required.
  - ❌ Emergency rescue and travel Insurance (most required factor in high altitude trek)
  - ❌ Trip cancellation cost, loss, damage, and personal effects.
  - ❌ Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - ❌ Tips and gratuities for the staff.
  - ❌ Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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