

# Kusum Kanguru Peak Climbing

## Standard Itinerary

### Kusum Kanguru Peak Climbing Itinerary:

#### Day 01: Kathmandu

Kathmandu airport Arrival 1310m welcomes by Himalayan Nepal Trek staff then transfer to hotel on BB plan.

#### Day 02: Chutanga

Flight to Lukla 2340m then trek to Chutanga 3 hrs. overnight at Lodge.

#### Day 03: Thuli Kharka

Trek from Chutanga to Thuli Kharka 4400m 6/7 hrs. overnight at Lodge.

#### Day 04: Tashing Ongma

Trek from Thuli Kharka to Tashing Ongma 3600m 6/7 hrs. overnight at Lodge.

#### Day 05: Tangnag

Trek from Tashing Ongma to Tangnag 4350m 6/7 hrs. overnight at Lodge.

#### Day 06: Tangnag

Rest day at Tangnag for Acclimatization overnight at Lodge.

#### Day 07: Kusum Khangru Base Camp

Trek from Tangnag to Kusum Khangru Base Camp 4360m 6/7 hours. Overnight at tented camp.

#### Day 08: High Camp

Trek from Base Camp to High Camp I 5100m 4 hours. Overnight at tented camp.

#### Day 09: High Camp

Rest day at High camp I for Acclimatization. Overnight at tent.

## **Day 11: Base Camp**

Summit Kusum Khangru 6367m and back to base camp 7/8 hours. Overnight at tented camp.

## **Day 12: Tashmg Ongma**

Trek from Kusum Khangru base camp Tashmg Ongma 6/7 hours. Overnight at Lodge.

## **Day 13: Thuli Kharka**

Trek from Tashmg Ongma to Thuli Kharka 6/7 hours. Overnight at Lodge.

## **Day 14: Lukla**

Trek from Thuli Kharka to Lukla 6/7 hours. Overnight at Lodge.

## **Day 15: Kathmandu**

Early morning flight to Kathmandu 35 minutes. Evening farewell dinner with Himalayan Nepal Trek. Overnight at the hotel.

## **Day 16: Departure**

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

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## **Includes and Excludes**

### **Includes**

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).

- Assistance climbing Sherpa 5:1 during the climbing period.
- North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
- All Government and local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park fees (Sagarmatha national park).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

## **Excludes**

- Lunch and dinner in Kathmandu.
  - Participants trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - Emergency rescue and travel Insurance (most required factor in high altitude trek).
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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