

Kongde Ri Trek

Standard Itinerary

Kongde Ri Trek Itinerary:

Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative from Himalayan Nepal Trek and transfer to hotel on BB plan.

Highlights:

- Airport Pickup by our staff with our (Place card) Company Logo and your name on it.
- Hotel check-in at Thamel (tourist city).
- Briefing related to the Everest Base Camp Trek.
- Staff's introduction Guide and Porters.
- Shopping for the necessary items if needed.
- Welcome dinner program.
- Overnight at a hotel on BB plan.

Day 02: Phakding

Flight from Kathmandu to Lukla and Trek to Phakding 2650m/ 8695ft 4/5 hours. Overnight at Lodge.

Highlights:

- Airport drops by private vehicle (Kathmandu domestic airport).
- Mountain flight to Lukla with an amazing view of Himalayan settlements, waterfalls, rivers, hills, Mountain ranges, and valleys.
- Check in at Lukla (Tourist Check Post) Khumbu Pasang Lhamu municipality.
- Yaks and Mule Caravan along the trail.
- 3 hours Trek observing typical villages, traditional farming, Mani walls, stupas, and Monastery.
- View of a general mountain peak.

Day 03: Namche Bazaar

Trek from Phakding to Namche Bazaar 3440m | 11287ft, 6/7 hours. Overnight at Lodge.

Highlights:

- Initial crossing of a metallic suspension bridge.
- Trek via the temperate and subalpine forests.
- Yaks and Mule Caravan.
- Check in to the Sagarmatha National Park.
- Trek along the Bhote Koshi river with its buzzing sound.
- Lunch at the beautiful riverside restaurant.
- View of Mt Thamsherku, Kusumkhang and Tawache.
- Encounter view of double suspension bridges with hung prayer flags.
- Stiff climb to reach Namche.
- View hiked the trail from a beautiful cliff between lunch camp and Namche Bazaar.

Day 04: Namche Bazaar

Acclimatization day and Hiking Everest View Hotel viewpoint, 2 hours climb. Overnight at Lodge.

Highlights:

- Visit the sunrise viewpoint at Namche.
- View of majestic Everest, Lhotse, Nuptse, Thamsherku, Kusumkhang, Khangtega, Tawache, Amadablam, Khumbila, and Kwangde
- Visit the community museum of Sagarmatha National Park.
- Hike to the Everest Viewpoint Hotel (2900m) for 2 hours for altitude adoption.
- Drink tea or coffee at the viewpoint with one of the best viewpoints throughout the trek.
- Visit the Khumjung valley and Khumjung school.
- Acclimatize 600m.

Day 05: Thame

Trek from Namche Bazar to Thame 3610m 5-6 hours. Overnight at Lodge.

Highlights:

- Encounter Himalayan pheasant and musk deer.
- Hike via Sherpa traditional farming and typical village.
- Visit Thame Monastery.

- Visit the village of great Sherpa climbers.

Day 06: Kongde Ri

Trek from Thame to Kongde Ri-4250m 6 hours. Overnight at a hotel with panoramic views of the Everest region and trekking routes.

Highlights.

- Cross Dudhkoshi river.
- Trekking across the base of Kwangde peak.
- View of rolling Everest trekking route.
- Visit Kwangde Lake.
- View of Tengboche monastery.
- Observe the glorious sunset view.
- Overnight at a luxurious hotel on the cliff.

Day 07: Kongde Ri

Rest day

Highlights:

- Beautiful short hike.
- Visit Sherpa peak 4500m.
- Enjoy the vistas of Everest Panorama.

Day 08: Lukla

Trek from Kongde Ri to Lukla, 4/5 hours. Overnight at the guest house.

Highlights:

- Enjoy the last day with all staff at Lukla.
- Gift exchange.
- Farewell cake and dinner together.
- Group Picture.

Day 09: Kathmandu

Fly from Lukla to Kathmandu airport in 35 minutes and transfer to the hotel on the BB plan.

Highlights:

- Fly from Lukla to Kathmandu.
- Hotel drops at Kathmandu.
- Further program discussion.
- Employee feedback and review.
- Suggestions and recommendations for the company.
- Farewell dinner with cultural dance and typical Nepali food.

Day 10: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination.

Includes and Excludes

Includes

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Sightseeing world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide.
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/Tea house and lodge).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal).
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
- All Government and Local Taxes.
- National Park fees (Sagarmatha national park, Monjo).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rule.

- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

Excludes

- Lunch and Dinner in Kathmandu.
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek).
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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