

# Khongma Tse Peak Climbing

## Standard Itinerary

### Khongma Tse Peak Climbing Itinerary:

#### Day 01: Katmandu

Arrival at Katmandu airport 1310m welcoming by Himalayan Nepal Trek and direct transfer to Hotel with BB plan.

#### Day 02: Phakding

Fly from Kathmandu to Lukla in 35 minutes and trek to Phakding 2652m 3 hours 2652m. Overnight at the lodge.

#### Day 03: Namche Bazaar

Trek from Phadking to Namche Bazaar 3446m 5/6 hours. Overnight at the lodge.

#### Day 04: Namche Bazaar

Rest day at Namche Bazaar for Acclimatization. Overnight at the lodge.

#### Day 05: Tengboche

Trek from Namche Bazaar to Tengboche 3860m 5/6 hours. Overnight at the lodge.

#### Day 06: Dingboche

Trek from Tengboche to Dingboche 4200m 5/6 hours. Overnight at the lodge.

#### Day 07: Lobuche

Trek from Dingboche to Lobuche 4910m 5/6 hours. Overnight at the lodge.

#### Day 08: Gorakshep

Lobuche to Gorakshep 5545m 4 hours and hike to Everest Base Camp 3 hours. Overnight at the lodge.

#### Day 09: Lobuche

Climb to Kalapathar at 5 hours 5555m and trek to Lobuche 4930m 2 hours. Overnight at the lodge.

### **Day 10: Chhukung**

Lobuche to Chhukung 4730m 5 hours. Overnight at lodge.

### **Day 11: Kongma Tse Base Camp**

Chhukung to Kongma Tse Base Camp 4/5 hours. Overnight at Tent.

### **Day 12: Chhukung**

Summit Khongma Tse 5896m. Back to Chhukung 5/6 hours. Overnight at the lodge.

### **Day 13: Deboche**

Chhukung to Deboche 3828m 4/5 hours. Overnight at lodge.

### **Day 14: Namche Bazaar**

Deboche to Namche Bazaar 3867m. Overnight at the lodge.

### **Day 15: Phakding**

Namche Bazaar to Phakding. Overnight at the lodge.

### **Day 16: Lukla**

Phakding to Lukla 2840m. Overnight at the Lodge.

### **Day 17: Kathmandu**

Early morning flight to Kathmandu. Evening farewell dinner with Himalayan Nepal Trek. Overnight at the hotel on BB plan.

### **Day 18: Departure**

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

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## **Includes and Excludes**

### **Includes**

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.

- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
- All Government and Local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NMA).
- National Park fees (Sagarmatha national park, Monjo).
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

## Excludes

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.