# Kanchenjunga Circuit Trek

#### **Standard Iterinary**

#### Kanchenjunga Circuit Trek Itinerary:

#### Day 01: Kathmandu

Arrival at Kathmandu International Airport, welcome Program by Himalayan Nepal Trek staff transfer to Hotel in Kathmandu on BB Plan

### Day 02: Kathmandu

Sightseeing in Kathmandu valley Patan, Pashupatinath, Boudhanath, Swayambhunath stay at hotel.

### Day 03: Bhadrapur

Flight from Kathmandu to Bhadrapur 40m. Overnight at Hotel on BB Plan.

### Day 04: Taplejung

Drive to Taplejung 2420m by Local jeep 8/9 hours. Overnight at Lodge.

#### Day 05: Sekathum

Drive by public jeep to Sekathum 1650m 5/6 hours. Overnight at Lodge.

#### Day 06: Amjilasa

Trek to Amjilasa 2490m 5/6 hours. Overnight at Lodge.

#### Day 07: Gyabla

Trek to Gyabla 2725m 6/7 hours. Overnight at Lodge.

#### Day 08: Ghunsa

Trek to Ghunsa 3415m 6/7 hours. Overnight at Lodge.

## Day 09: Ghunsa

Rest day for acclimatization visit the monastery around Ghunsa. Overnight at Lodge.

# Day 10: Khambachen

Trek to Khambachen 4145m 4/5 hours. Overnight at Lodge.

#### Day 11: Lhonak

Trek to Lhonak 4792m 4 hours. Overnight at Lodge.

### Day 12: Kanchenjunga Base Camp

Early morning hike to Kanchenjunga Base camp (KBC) 5140m (Pangpema) see the incredible of Mount Kanchenjunga, Nepal Peak, Dromo Peak, Kirat Chuli, Kangbachen, etc. then back to Lhonak 4792m, 7/8 hours. Overnight at Lodge.

#### Day 13: Ghunsa

Trek to Ghunsa 3415m 5/6 hours. Overnight at the Lodge.

#### Day 14: Selele

Trek to Selele 4200m 5 hours. Overnight at Lodge.

#### Day 15: Tseram

Trek to Tseram 3868m via Miring-la 4645m Sinlapche pass 4645m 6/7 hours. Overnight at Lodge.

#### Day 16: Ramche

Trek to Ramche 4610m 4 hours. Overnight at Lodge.

## **Day 17: Oktang Temple**

Trek Visit to Oktang Temple, Glacier, 4740m see the incredible view of Mont Kabru, Kanchenjunga, Yalung Kang, Kumbha Karna, Sunpati peak many, etc. Trek back to Tseram 3,868m 6/7 hours. Overnight at Lodge.

#### **Day 18: Tortang**

Trek to Tortang 2980m 3 hours. Overnight at Lodge.

#### Day 19: Ranipul

Trek to Helok Khola or Ranipul 1792m 7/8 hours. Overnight at Lodge.

#### Day 20: Ilam Tea Garden

Drive by public jeep to Ilam tea garden 370m 6/7 hours. Overnight at Lodge.

#### Day 21: Kathmandu

Drive to Bhadrapur airport and fly back to Kathmandu. Evening farewell dinner with typical Nepali culture restaurant. overnight at Hotel on BB plan.

### Day 22: Departure

Departure from Kathmandu to your onward destination.

#### **Includes and Excludes**

#### Includes

- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Domestic flight from Kathmandu to Bhadrapur airport guest and guide (optional: private vehicle or public bus to Taplejung as per participant's preference)
- Drive from Bhadrapur by public jeep to Taplejung/Chhirwa/ Helok Khola Ranipul to Bhadrapur (optional: private vehicle to Taplejung/Chhirwa as per participant's preference)
- Staff transportation Kathmandu/Chhirwa / Helok Khola Ranipul/Kathmandu.
- Twin-sharing accommodation during the trek (Tea house, Lodge Hotel).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porter: 1:2 porter carries 25kg only.
- All Government local Kanchanjunga conservation area (KCAP) entry permits and TIMS cards).
- Restricted area permit.
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.

- Duffel bag during the trek.
- · Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

#### **Excludes**

- Lunch and dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek)
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Emergency rescue and travel Insurance (most required factor in high altitude trek)
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.