

Jumla To Rara Lake Trek

Standard Itinerary

Jumla Rara Lake Trek Itinerary:

Day 01: Kathmandu

Arrival at Kathmandu, Welcome by Himalayan Nepal Treks and direct transfer to hotel on BB plan.

Day 02: Kathmandu

Sightseeing, UNESCO world heritage sites, and permit preparation overnight at hotel BB plan.

Day 03: Nepalgunj

Flight from Kathmandu to Nepalgunj 150 m / 492 ft 1 hrs. overnight at hotel

Day 04: Jumla

Flight from Nepalgunj to Jumla 2540m / 8333 ft 20 minutes overnight at Lodge

Day 05: Chere Chaur

Trek from Jumla to Chere Chaur 3055 m / 10022 ft 6 hrs.

Day 06: Chala Chaur

Trek from Chere Chaur to Chala Chaur 2980 m / 9776 ft 5 hrs. overnight at tented camp

Day 07: Sinja Valley

Trek from Chala Chaur to Sinja Valley 2490 m / 8169 ft 7 hrs. overnight at tented camp

Day 08: Goru Singhe

Trek from Sinja Valley to Goru Singhe 3050 m / 10006 ft 6 hrs. overnight at tented camp

Day 09: Rara Lake

Trek from Goru Singhe to Rara Lake 3010 m / 9875 ft 6hrs overnight at tented camp

Day 10: Rara Lake

Day trip to Muldi Viewpoint 3410 m / 11187 ft 3 hrs. back to Rara Lake overnight at tented camp

Day 11: Pina

Trek from Rara Lake to Pina 2440 m / 8005 ft 6 hrs. overnight at tented camp

Day 12: Bumra

Trek from Pina to Bumra 2850 m / 9350 ft 5 hrs. overnight at tented camp

Day 13: Jumla

Trek from Bumra to Jumla 2540 m / 8333 ft 6 hrs. overnight at Lodge

Day 14: Nepalgunj

Flight from Jumla to Nepalgunj to Kathmandu 1310 m / 4265 ft 3 hrs. evening farewell dinner typical Nepali cultural dance restaurant, overnight at Hotel on BB

Day 15: Kathmandu

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your onward destination.

Includes and Excludes

Includes

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- 1 Night Hotel in Nepalgunj diner and breakfast plan.
- Sightseeing in world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide.
- Domestic flight from Kathmandu to Nepalgunj/ Jumla/ Nepalgunj/ Kathmandu.
- Staff transportation Kathmandu /Jumla /Kathmandu.

- Twin-sharing accommodation during the trek (according to programs Tent/Tea house/lodge).
- All camping equipment's two-man tent north face kitchen tent dining tent toilet tent chair mattress kitchen equipment including kitchen staffs etc.
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porters during the trek.
- All Government local Taxes Rara National Park entry permit and TIMS card).
- Humla restricted area permits.
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

Excludes

- Lunch and dinner in Kathmandu.
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek)
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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