

Gosaikunda Lake Trek

Standard Itinerary

Gosaikunda Lake Trek Itinerary 07 Days

Day 1: Arrival in Kathmandu and Exploring the Capital

Upon your arrival at the airport, one of our friendly office representatives will be there to extend you a warm welcome. They will then escort you to your hotel, allowing you to unwind and freshen up after your flight. During this time, our representative will provide you with an overview of your upcoming itinerary.

After some well-deserved rest, our representative will take you on a brief tour of Kathmandu, the vibrant capital city. Brimming with rich cultural heritage, you'll have the opportunity to explore some of the valley's prominent sites. Optionally, you can also experience the lively nightlife of Kathmandu, preparing you for your upcoming trek.

Day 2: Journey from Kathmandu to Dhunche

Your adventure officially commences on the following day. You'll embark on a scenic drive from Kathmandu to Dhunche, a journey that spans approximately six hours. En route, you'll be treated to captivating vistas of mountains and rolling hills. Upon arrival in Dhunche, you'll settle in for a restful night.

Day 3: Trekking to Chandan Bari

As the sun rises, you'll enjoy a hearty breakfast before setting off on your trek to Chandan Bari. This day will be marked by scaling a steep path that passes through Dursagang (2660 m) and leads to Foprang Danda (3200m). Along this trail, you'll be rewarded with breathtaking views of Ganesh Himal, Langtang Himal, and the Tibetan Mountain.

You'll spend the night here and have the chance to visit the renowned cheese factory, a major attraction in the area.

Day 4: Trekking to Gosaikunda - The Sacred Lake

Today marks the pinnacle of your trekking adventure, with approximately 5 to 7 hours of hiking ahead. Your journey leads you to the pristine Gosaikunda lake, situated at an elevation of 4360 meters. Along the way, you'll pass through Cholang Pati and Lauribinayak, ultimately reaching the shimmering Gosaikunda lake.

Take in the 360-degree panoramic views from Lauribinayak pass. Before reaching Gosaikunda lake, you'll encounter two other sacred lakes, Saraswati Kunda and Bhairaba Kunda. According to Hindu mythology, Gosaikunda was created by Lord Shiva when he pierced a glacier with his trident to quench his thirst after ingesting poison. You'll spend the night at a teahouse in Gosaikunda.

Day 5: Trek Back to Dhunche

After savoring the breathtaking vistas surrounding the lake and immersing yourself in the serenity of the area, it's time to descend. Prepare to retrace your steps along the same trail, eventually reaching the district headquarters of Dhunche. Here, you'll rest for the night.

Day 6: Return to Kathmandu

Today, you'll return to the Kathmandu Valley, where you can indulge in some leisurely activities. Whether it's shopping for souvenirs or savoring local cuisine, you'll have the opportunity to enjoy your time in the valley.

Day 7: Departure

As your journey comes to a close, our office representative will be at your service, ensuring a timely transfer to the airport, allowing you to check in for your flight with ample time to spare.

Includes and Excludes

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2-night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu / Syabrubesi / Kathmandu 122 km guest and guide (optional: private vehicle as per participant's preference).

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- Twin-sharing accommodation during the trek (guest house/Tea house/lodge).
 - Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
 - Necessary Porter 1:2 one porter carries 25kg only.
 - All Government local Taxes (Langtang National Park entry fee and TIMS cards).
 - First aid and equipment for a porter for the extreme adventure route.
 - Guide and porter salary as per the company policy and government rules.
 - Duffel bag during the trek.
 - Company t-shirt.
 - Route map.
 - Staff medical insurance during the trek.

Excludes

- Lunch and Dinner in Kathmandu.
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek).
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for the mentioned itinerary.
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