# Ganja-la Pass Trek

## **Standard Iterinary**

#### **Ganja La Pass Trek Itinerary:**

# Day 01: Kathmandu

Arrival in Kathmandu airport 1310m Meet and Greet by Himalayan Nepal Trek Member. Transfer to hotel in Kathmandu on BB plan.

# Day 02: Syabrubesi

Drive from Kathmandu to Syabrubesi 7/8 hours. Overnight at Lodge.

# Day 03: Lama Hotel

Trek from Syabrubesi to Lama Hotel 2470m 5 hours. Overnight at Lodge.

# Day 04: Langtang village

Trek from Lama Hotel to Langtang village 3541m 5 hours. Overnight at Lodge.

# Day 05: Kyangjing Gompa

Trek from Langtang Village to Kyangjing Gompa 3800m 3 hours. Overnight at Lodge.

## Day 06: Kyangjing Gompa

Acclimatization Day, climb Kyanjing Ri or Tserko Ri for 5/6 hours. Overnight at Lodge.

## Day 07: Ngegang Kharka

Trek from Kyangjing Gompa to Ngegang Kharka 4430m 5/6hours. Overnight at tent.

## Day 08: Keldang

Climb Ganja La Pass 5106m, Descend to Keldang 4270m 5/6 hours. Overnight at tent.

# Day 09: Dukpu

Trek from Keldang to Dukpu 4080m 9 hours. Overnight at tent.

# Day 10: Tarke Gyang

Trek from Dukpu to Tarke Gyang 2743m 7 hours. Overnight at lodge.

# Day 11: Kiuli

Trek from Tarke Gyang to Kiuli 1580m 5/6 hours. Overnight at Lodge.

# Day 12: Kathmandu

Drive from Kiuli to Kathmandu 7 hours by public bus, Evening farewell dinner in a Typical Nepali restaurant with a cultural dance program. Overnight at Hotel on BB plan.

# Day 13: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

#### **Includes and Excludes**

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- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Syabrubesi 122 km guest and guide (optional: private vehicle as per participants preference).
- Drive from Kuli to Kathmandu 49 km by public van or bus guest and guide (optional: private vehicle as per participants' preference).
- Staff transportation Kathmandu/Syabrubesi/Kuli/Kathmandu.
- Three days full camping serves north face tent for guests, a dining tent, a kitchen tent, a toilet tent, a mattress, kitchen equipment, etc.
- Twin-sharing accommodation during the trek (guest house/Tea house/lodge).
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg only.

- All Government local Taxes Lang Tang national park entry fee and TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- · Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

#### **Excludes**

- Lunch and Dinner in Kathmandu.
- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
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- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.