

Everest View Trek

Standard Itinerary

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Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative from Himalayan Nepal Trek and transfer to the hotel on BB plan.

Highlights:

- Airport Pickup by our staff with our (Place card) Company Logo and your name on it.
- Hotel check-in at Thamel (tourist city).
- Briefing related to the Everest Base Camp Trek.
- Staff's introduction Guide and Porters.
- Shopping for the necessary items if needed.
- Welcome dinner program.
- Overnight at a hotel on BB plan.

Day 02: Phakding

Flight from Kathmandu to Lukla and Trek to Phakding 2650m/ 8695ft 4/5 hours. Overnight at the Lodge.

Highlights:

- Airport drops by private vehicle (Kathmandu domestic airport).
- Mountain flight to Lukla with an amazing view of Himalayan settlements, waterfalls, rivers, hills, Mountain ranges, and valleys.
- Check in at Lukla (Tourist Check Post) Khumbu Pasang Lhamu municipality.
- Yaks and Mule Caravan along the trail.
- 3 hours Trek observing typical villages, traditional farming, Mani walls, stupas, and Monastery.
- View of a general mountain peak.

Day 03: Namche Bazaar

Trek from Phakding to Namche Bazaar 3440m | 11287ft, 6/7 hours. Overnight at the Lodge.

Highlights:

- Initial crossing of a metallic suspension bridge.
- Trek via the temperate and subalpine forests.
- Yaks and Mule Caravan.
- Check in to the Sagarmatha National Park.
- Trek along the Bhote Koshi river with its buzzing sound.
- Lunch at the beautiful riverside restaurant.
- View of Mt Thamsherku, Kusumkhang and Tawache.
- Encounter view of double suspension bridges with hung prayer flags.
- Stiff climb to reach Namche Bazaar.
- View of hiked trail from a beautiful cliff in between lunch camp and Namche Bazaar.

Day 04: Khumjung

Trek from Namche to Khumjung 3790m via Everest View Hotel for 4 hours. Overnight at the lodge.

Highlights:

- Visit the sunrise viewpoint at Namche.
- View of 360 majestic Everest, Lhotse, Nuptse, Thamsherku, Kusumkhang, Khangtega, Tawache, Amadablam, Khumbila, and Kwangde
- Visit the community museum of Sagarmatha National Park.
- Hike to the Everest Viewpoint Hotel.
- Drink tea or coffee at the viewpoint with one of the best viewpoints throughout the trek.
- Visit the Khumjung valley village and Khumjung school.

Day 05: Pangboche

Trek from Khumjung to Pangboche 3940m 5/6 hours. Overnight at the lodge.

Highlights:

- Lunch at beautiful Phortse village.
- Trek via a beautiful well-organized route and views of majestic Everest, Lhotse, Nuptse, and Amadablam.
- Encounter blue sheep.

- Trek via rhododendron forest, Buddhist spell carved on huge stones, Antique souvenir shops, and Suspension bridge.
- Cross the metallic suspension bridge.
- Beautiful view of the Tengboche monastery.
- Trek to the biggest settlements in the Everest region.

Day 06: Namche Bazaar

Trek from Pangboche to Namche Bazaar 3440m | 11287ft 5/6 hours. Overnight at the Lodge.

Highlights:

- Visit the Tengboche monastery, the most important monastery.
- Rest at an exceptional viewpoint with a coffee station.
- Visit Namche Bazaar.
- Buy some Souvenirs at Namche.

Day 07: Lukla

Trek from Namche Bazaar to Lukla 2860m | 9383ft hours. Overnight at the Lodge.

Highlights:

- Enjoy the last day with all staff at Lukla.
- Gift exchange, if have any.
- Farewell cake and dinner together with all of the staff.
- Group Picture.

Day 08: Kathmandu

Early morning flight to Kathmandu and transfer to hotel. Overnight at the hotel on BB plan.

Highlights:

- Hotel drops in a private vehicle.
- Further program discussion.
- Employee feedback and company review.
- Suggestions and recommendations for the company.

Day 09: Kathmandu

Sightseeing in Kathmandu Valley. Overnight at the hotel on BB plan.

Highlights of day

- Breakfast
- Pashupati Nath: Elite Hindu Temple.
- Swayambhu Nath: Monkey Temple.
- Boudha Nath: Largest Mandala Temple in Nepal.
- Patan Durbar Square: Ancient Palace rich in art, culture, and structural design.
- Farewell dinner with cultural dance in a typical Nepali restaurant. (Best Nepali restaurant in town).

Day 10: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination.

Includes and Excludes

Includes

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis)
- Sightseeing in world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide
- Flight fare Kathmandu/Lukla/Kathmandu guest and guide
- Twin-sharing accommodation during the trek (guest house/Tea house and lodge)
- Licensed English guide.
- Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg only
- All Government local Taxes (National Park, airport, and municipality)
- National Park fees (Sagarmatha national park, Monjo)
- Municipality entry fee for participants (Khumbu Pasang Lhamu municipality)
- First aid and equipment for a porter for the extreme adventure route

- Guide and porter salary as per the company policy and government rules
- Duffel bag during the trek
- Company t-shirt (trekking fabric)
- Route map
- Staffs medical insurance during the trek

Excludes

- Lunch and Dinner in Kathmandu
 - Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required insurance policy in high altitude trek)
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and during trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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