

Dhaulagiri Circuit Trek

Standard Itinerary

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Day 01: Kathmandu

Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan.

Day 02: Darbang

Drive from Kathmandu to Darbang by local Bus for 9/10 hours. Overnight at tent.

Highlights:

- Observation of the riverside typical city in Nepal.
- Influence of Hindu culture.
- Traditional farming.

Day 03: Dharapani

Trek from Darbang to Dharapani 1565m 6/7 hours. Overnight at tent.

Highlights

- Trek via graveled Road.
- Trek via the valley of the river.
- Observation of Magar Magar village.
- View of rolling Valley.

Day 04: Muri

Trek from Dharapani to Muri 1850m 6/7 hours. Overnight at tent.

Highlights:

- Trek via the forest.
- Climb and descend beautiful routes.

- Encounter birds and domestic animals.
- Warm and welcoming services and people of Muri.

Day 05: Bogara

Trek from Muri to Bogara 2050m 5/6 hours. Overnight at tent.

Highlights:

- Trek along the river valley.
- Trek via the beautiful forest.
- Observation of solitary settlements.
- Overnight at the bank of the River at Bogara.

Day 06: Dhoban

Trek from Bogara to Dhoban at 2630m, 6 hours. Overnight at tent.

- Trek via the washed-out routes.
- Trekking in the challenging riverside routes.
- Cross via the bamboo forest.
- Overnight at two tributaries of the river.
- The last settlements.

Day 07: Choriban Khola

Trek from Dovan to Sallaghari or Choriban Khola 3110m, 6 hours. Overnight at tent.

Highlights:

- Trek via pine forest.
- View of several waterfalls.
- Trek in the lonely routes of Sallaghari.
- Single stay in the middle of Pine Forest.
- No electricity area.

Day 08: Italian Base Camp

Trek from Sallaghari to Italian Base Camp 3660m, 4/5 hours. Overnight at tent.

Highlights:

- Trek via a huge bamboo forest.
- Encounter wild animals and birds.
- The view of the surrounding Himalayas.
- Glorious view of the west wall of Dhaulagiri.

Day 09: Italian Base Camp

Acclimatization day. Overnight at tent.

Highlights:

- Trek to the Japanese camp, viewpoint.
- Encounter mountain goat
- Enjoy the view of the west wall of Dhaulagiri.
- View of moraine rocks and glaciers.
- Partition of rocks for camping.

Day 10: Glacier camp

Trek from Italian Base Camp to Glacier camp 4250m, 6 hours. Overnight at tent.

- Trek via the first glacier and moraine rocks.
- Trek via tricky routes.
- View of 360 mountains.
- View of frozen waterfalls.
- Trek in treeless geography.

Day 11: Dhaulagiri Base Camp

Trek from Glacier camp to Dhaulagiri Base camp 4748m, 7/8 hours. Overnight in a tent.

Highlights:

- Trek through the glacier.
- Close view of Dhaulagiri.
- Observation of icefall and avalanches.
- Visit around base camp.

Day 12: French pass

Trek from Dhaulagiri Base Camp to French Pass (Hidden Valley Camp 5100m), 6/7 hours.
Overnight at tent.

Highlights:

- Tough climb to French pass.
- Trek via a tricky route.
- Close View of Dhaulagiri North face.
- View of surrounding mountains Dhampus Peak, Sita Peak, Dhampus Pass.

Day 13: Yak Kharka

Trek from Hidden Valley Camp to Yak Kharka 2900m, 6/7 hours. Overnight at tent.

Highlights:

- Cross the Dhampus pass close to Dhamps Peak.
- Back to the Vegetation
- View of Yak farm
- View of the mountains of Annapurna.

Day 14: Marpha

Trek from Yak Kharka to Marpha 2670m, 4 hours. Overnight at lodge.

Highlights:

- Steep descend to Marpha.
- Trek via beautiful pastureland.
- View of the mountains of Mustang.
- View of Mt. Dhaulagiri
- Visit the valley of Marpha (an apple garden).
- Enjoy the last day of the trek.

Day 15: Pokhara (Flight from Jomsom to Pokhara: (**Recommended**))

Early morning drive to Josom airport 2 hours and take a flight (25 minutes flight) / drive 8 (hours' drive) from Jomsom to Pokhara. Transfer to hotel on BB plan.

Highlights:

- Drive/fly to Pokhara via beautiful typical villages and small highway cities.
- View of a beautiful valley, gorges, and river.
- Enjoy boating in Pokhara with crew members.
- Evening dinner in a typical Nepali restaurant with a cultural dance show.
- Overnight at a lakeside hotel in Pokhara with beautiful midnight city life.

Day 16: Kathmandu

Fly (25 minutes) / Drive 7 hours from Pokhara to Kathmandu by tourist bus. Overnight at hotel on BB plan.

Highlights:

- Drive back to Kathmandu via a beautiful highway.
- The hotel drops by a representative.
- Employee feedback and company review.
- Suggestions and recommendations for the company.
- Farewell dinner with cultural dance in a typical Nepali restaurant.

Day 17: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

Includes

- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 3 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Sightseeing world heritage sites in Kathmandu Valley with a private vehicle and experienced cultural guide.

- Drive by public bus from Kathmandu to Darbang 302 km 9/10 hrs. guest and guide (optional: flight to Pokhara or private vehicle as per participants preference).
- Flight/Drive fare Jomsom / Pokhara guest and guide. (**Decision-Based**)
- Drive to Kathmandu 200 km by tourist bus guest and guide (optional: flight to Kathmandu or private vehicle if guest required).
- Staff transportation Kathmandu/Darbang/Jomsom/Kathmandu.
- Twin-sharing accommodation during the trek (Tent/Tea house/lodge).
- All camping equipment's two-man tent north face kitchen tent dining tent toilet tent chair mattress kitchen equipment including kitchen staffs etc.
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference.
- Necessary Porters during the trek.
- All Government and local Taxes (ACAP and TIMS).
- Annapurna conservation area project entry permits (ACAP).
- Trekking information management systems (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

Excludes

- Participants trek equipment and any personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Emergency rescue and travel Insurance (most required factor in high altitude trek)
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.