

Cholatse Peak Climbing

Standard Itinerary

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Day 01: Kathmandu

Kathmandu airport Arrival 1310m welcome by Himalayan Nepal Trek staff Transfer to hotel.
Overnight at hotel on BB plan.

Day 02: Phakding

Flight from Kathmandu to Lukla 35min, Trek to Phakding 2610m 3 hrs. Overnight at Lodge.

Day 03: Namche Bazaar

Phakding to Namche Bazaar 3440m 5 hrs. Overnight at Lodge.

Day 04: Namche Bazaar

Acclimatization Day in Namche Bazaar hike to Everest viewpoint 3880m back to Namche.
Overnight at Lodge.

Day 05: Tengboche

Namche Bazaar to Tengboche 3867m 5/6 hrs. Overnight at Lodge.

Day 06: Dingboche

Tengboche to Dingboche 4410m 5/6 hrs. Overnight at Lodge.

Day 08: Dzongla

Trek to Dzongla 4,830m 5 hours. Overnight at Lodge.

Day 09: Cholatse Base Camp

Trek to Cholatse Base Camp 5700m 5 hours. Overnight at tent.

Day 10: Cholatse Base Camp

Rest Day at Cholatse Base Camp. Overnight at the tent.

Day 11: Attempt Period

Spare day in case of bad weather and extra time required for climbing.

Day 12: Cholatse Base Camp

Cholatse Base Camp to Summit Cholatse Peak 6440m and back to Base camp. Overnight at tent.

Day 13: Pangboche

Trek back to Pangboche 3985m 6/7 hours. Overnight at Lodge.

Day 14: Namche Bazaar

Trek to Namche 3440m 5/6 hours. Overnight at Lodge.

Day 15: Lukla

Trek to Lukla for 6/7 hours. Overnight at Lodge.

Day 16: Kathmandu

Early morning flight to Kathmandu. Evening farewell dinner with Himalayan Nepal Trek. Overnight at the hotel.

Day 17: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

Includes

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).

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- Flight fare Kathmandu/Lukla/Kathmandu guest and guide.
 - Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
 - Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
 - Assistance climbing Sherpa 5:1 during the climbing period.
 - North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
 - Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
 - Necessary Porter 1: 2 (one porter for two guests) porter carries 25kg.
 - All Government and Local Taxes.
 - Peak climbing permit from Nepal Mountaineering Association (NMA).
 - National Park fees (Sagarmatha national park, Monjo).
 - Municipality entry fee for participants (Khumbu Pasang Lhamu municipality).
 - First aid and equipment for a porter for the extreme adventure route.
 - Guide and porter salary as per the company policy and government rules.
 - Facilities to store your stuff at a hotel in Kathmandu.
 - Duffel bag during the trek, company t-shirt, route map.
 - Staffs medical rescue insurance during the trip.

Excludes

- Lunch and dinner in Kathmandu.
 - Participants' trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
 - Emergency rescue and travel Insurance (most required factor in high altitude trek)
 - Trip cancellation cost, loss, damage, and personal effects.
 - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
 - Tips and gratuities for the staff.
 - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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