

Cho-Oyu Expedition 8188m

Standard Itinerary

Cho- Oyu Expedition Itinerary:

Day 01: Kathmandu

Arrival in Kathmandu 1350m/4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan.

Day 02: Preparation

Tibet Visa Preparation, Briefings at Departments of Tourism. Overnight at hotel on BB plan.

Day 03: Preparation

Tibet Visa issued from Chinese Embassy, explore Kathmandu Heritage Sites. Overnight at hotel.

Day 04: Syprubeshi

Drive from Kathmandu to Syprubeshi 1460m/4790ft 8/9 hours. Overnight at the hotel.

Day 05: Kerung Height

Drive from Syprubeshi to Kerung Height 3200m/10499ft 6/7 hours. Overnight at the hotel.

Day 06: Tingri

Drive from Kerung height to Tingri 4,348m/14,268 ft 6/7 hours. Overnight at the hotel.

Day 07: Tingri

Rest day at Tingri for acclimatization, the climbing leader will take you up to a 5000m/16404ft hill for acclimatization after breakfast overnight at the hotel.

Day 08: Chinese Base Camp

After breakfast drive from Tingri to the Chinese base camp 4800m/15750ft 2 hour's drive. Overnight tented cam.

Day 09: Chinese Base Camp

Rest and acclimatization at Chinese base camp 4800m/15750ft to prepare and arrange yaks to go to advanced base camp via middle camp.

Day 10: Middle Camp

Drive from Chinese Base Camp to Middle Camp 5300m/17388ft along the 4x4 track for 4 hours. Overnight tented camp.

Day 11: Advanced Base Camp

Trek from Middle Camp to the Advanced Base Camp 5700m/18700ft of Cho Oyu. Overnight tented camp.

Day 12-39:

Climbing Period Summit Cho-Oyu 8201m/26906ft.

Day 41: Tingri

Dismantling trek from advanced base camp to middle camp and drive to Tingri 4,348m/14,268 ft takes about 3 hours trekking and 6 hours' drive. Overnight at hotel.

Day 40: Kerung Height

Drive from Tingri to Kerung Height 3200m/10499ft. 7/8 hours. Overnight hotel in BB plan.

Day 41: Kathmandu

Early in the morning drive from Kerung height to Kerung border, finish immigration formalities to cross the border, and then drive to Kathmandu for 9/10 hours, transfer to hotel BB plan.

Day 42: Kathmandu

Free day, evening farewell dinner in a typical Nepali cultural restaurant. Overnight at hotel on BB plan.

Day 44: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

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- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 6 nights hotel in Kathmandu 5* Marriott Hotel single room on bed and breakfast plan.
- Welcome Dinner in a Nepali cultural dance restaurant with office Staff.
- Assistance for cargo clearance in Nepal's Customs Department, clearance cost is subject to a charge before the expedition.
- Expedition Royalty and permit of the Chinese Government (CMA and TMA) to climb Mt. Cho Oyu.
- 1 Government Liaison officer in Tibet with full equipment, Visa, salary, and accommodation.
- Garbage Deposit fees.
- USD 1000 Per Climber standard rubbish collection fee.
- Medical & Emergency rescue Insurance for all involved Nepalese staff during the trek and expedition.
- Trekking and climbing map.
- Himalayan Nepal Trek Duffel Bag for each member.
- Visa arrangement for Tibet including Visa fee.
- Land Transportation (Members): In a group drive by Jeep from Kathmandu to Chinese Basecamp via Kerung Border. And while returning Drive by Jeep from Chinese Basecamp to Kathmandu.
- In case, if members have to return earlier than the team due to personal reasons, members have to pay their transportation costs up to Kathmandu.
- Land Transportation for Staff drive by Jeep from Kathmandu to Chinese Basecamp via Kerung Border and while returning drive by Jeep from Chinese Basecamp to Kathmandu.
- Transportation of All Necessary expedition equipment & Food for all Members and Staff from Kathmandu to Chinese Base Camp (by Jeep/Truck) Base Camp to Advanced Base camp (ABC) by Yak, while returning: Advance Base Camp (ABC) to Basecamp (by Yak) Chinese Base Camp to Kathmandu (by Jeep/Truck)
- Up to 70 Kg per member for personal baggage during the expedition period carried by Yaks If luggage exceeds 70 KG, then extra Yak will be required. (USD 300 Per Yak and carry 40 KG).

- 3 Meals a day Breakfast Lunch Diner including tea and coffee along with accessible accommodation at Hotel/Lodge/Tent (twin sharing basis) during the trail - Single room is subject to a charge. Well-managed base camp & ABC set up for members & Staff.
- Yaks for the transportation of member personal luggage (70 Kg maximum) and expeditions stuff from Chinese Base Camp (ABC) Advance Base Camp Chinese Base Camp.
- Experienced and well-trained Base camp / ABC Cook and kitchen Helpers as required.
- All Nepalese staff & porter's daily wages, salary, equipment, food, and clothing.
- Each member will have an individual North Face tent in Chinese Base Camp and Advance Base Camp
- Foam mattresses and pillow per member, 1 Dining Tent, 1 Kitchen Tent, 1 Toilet & 1 Shower Tent, 1 Staffs Tent, 1 Tent for Nepalese base Camp staff, Store tents, Tables and chairs, and all necessary cooking gear.
- 1 Solar panel / Generator for lights at base camp, battery charge, laptop, and other electronic devices.
- 1 veteran and Government licensed per member 1 Member: 1 Sherpa.
- Climbing Sherpa's Salary, Equipment, Food, and Clothing.
- Carry Bonus of Sherpas and Route Fixing Charges.
- Summit Oxygen cylinder: 2 oxygen bottles (4 liters) for each member and 1, oxygen bottle for each high-altitude Sherpa, which has to be returned after the expedition.
- 1 Set of Summit Oxygen masks and regulator for each member and high-altitude Sherpa, which has to be returned after the expedition.
- Back up Oxygen Cylinder, mask, and regulator (with appropriate charge).
- High Altitude Tent, Necessary cooking EPI gas, cooking pot for members, High food for a member, Sherpa, all climbing and cooking crew. (C1) (C2) (C3) Group climbing gears and fixed and dynamic rope during the climbing period as required.
- The team of experienced Sherpas will fix the route on Cho Oyu along with the help of members (no extra charge will be applied to members).
- A Satellite Phone for emergency communication carried by Sherpa is also available for members at an appropriate charge.
- Walkie-Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- Walkie-talkie permit for all members and staff, In per order an Internet facility.
- Thuraya Satellite) will be available at the Base Camp and ABC (subject to a charge).
- Weather forecast report from Meteotest Bern (Switzerland) during the entire expedition.
- Comprehensive Medical kit for the group and staff.
- Mt. Cho Oyu climbing certificate issued by CMA (after climbing Mt. Cho Oyu successfully).

Excludes

- International flight airfare from and to Kathmandu.
 - The Nepali Visa fee is USD 60 per person for 30 days (to be applied for 60 days USD 120).
 - Lunch & dinner during the stay in Kathmandu (also in case of early return from Trekking / Expedition than the scheduled itinerary).
 - Extra nights' accommodation in Kathmandu in case of early arrival or late departure, early return from Trekking / Expedition due to any reason than the scheduled itinerary.
 - Travel and high-altitude insurance, accident, Helicopter medical & emergency evacuation mandatory.
 - Medical and emergency rescue evacuation costs if required. (Rescue, Repatriation Helicopter, Medication,
 - Medical Tests, and Hospitalization costs).
 - Telephone Calls, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, beers, and any Alcoholic beverages (during the trek and in Kathmandu but we will serve soft drinks for members at the base camp).
 - Clothing, Packing Items or Bags, Personal Medical Kit, Personal Trekking /Climbing Gear.
 - Special Filming, Camera, and Drone permit fee.
 - Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
 - Internet service is not included during the trek and expedition.
 - Summit bonus for climbing Sherpa- Minimum 1200 USD.
 - Tips for Guide and Base Camp Staff.
 - Per yak, it's \$ 300 if required Extra, (1 Yak can carry up to 40 KG).
 - Satellite permit phone permit USD 500.
 - In case, if members have to return earlier than the team due to personal reasons, members have to pay their transportation costs up to Kathmandu.
 - Any other services or activities, which are not mentioned in the itinerary, or any other item not listed in the Cost Includes Section.
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