

Baruntse expedition 7129m

Standard Itinerary

Baruntse Expedition Itinerary:

Day 01: Kathmandu

Arrival in Kathmandu 1350m/4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan.

Day 02: Preparation

Preparation, Briefings at Departments of Tourism, Last minute shopping. Overnight at Hotel on BB plan.

Day 03: Lukla

Morning flight from Kathmandu to Lukla 2800m/9,186ft 35mins. The rest of the day is spent in Lukla for acclimatization. Overnight at Lodge.

Day 04: Chutanga

Trek from Lukla to Chutanga 3050m/10,006ft 4 hours. Overnight at Lodge.

Day 05: Thuli Kharka

Trek from Chutanga to Thuli Kharka (Chatra-La) 3900m/12,597ft 7 hours. Overnight at Lodge.

Day 06: Kothe

Trek from Tuli Kharka to Kothe 4095m/13,435ft 5 hours. Overnight at Lodge.

Day 07: Thangnak

Trek from Kothe to Thangnak 4350m/14,272ft 4 hours. with fantastic views of the South face of Mera Peak throughout the day. Overnight at Lodge.

Day 08: Thangnak

Rest and acclimatization day at Thangnak 4,350m/14,272ft visit Sabal Tsho Lake and hike to a large cairn at 5271m on the flank of Kusum Khang peak 6367m back to Thangnak 6/7 hours. Overnight at Lodge.

Day 09: Khare

Trek from Thangnak to Khare 5045m/16,551ft 3 hours. Overnight at Lodge.

Day 10: Mera La

Trek from Khare to Mera La (Pass) 5350m/17,542ft 5 hours. Overnight at tented camp.

Day 11: Seto Pokhari Camp

Trek from Mera La (Pass) to Seto Pokhari Camp 4850m/15,912ft 5 hours. Overnight at tented camp.

Day 12: Baruntse Base Camp

Trek from Seto Pokhari to Baruntse Base Camp 5300m/17,400ft Prepare base camp. Overnight at tented camp.

Day 14-24:

Climbing period Baruntse summit 7129m/23,389ft.

Day 25: Seto Pokhari

Clean up base camp Trek to Seto Pokhari 4850m/15,912ft 6 hours. Overnight at tented camp.

Day 26: Mera La 5350m

Trek from Seto Pokhari to Mera La 5350m/17,542ft 6 hours. overnight at a tented camp.

Day 27: Kothe

Trek from Mera la to Kothe 3600m/11,811ft 5 hours. Overnight at Lodge.

Day 28: Thuli Kharka

Trek from Kothe to Thuli Kharka 3900m/12,597ft 5 hours. overnight at Lodge.

Day 29: Lukla

Trek from Thuli Kharka to Lukla 2800m/9,186ft) via Zatrwa La Pass 4610m 9 hours. Overnight at Lodge.

Day 30: Kathmandu

Early morning flight to Kathmandu 35 minutes, transfer to hotel. Evening farewell dinner in a typical Nepali cultural restaurant. Overnight at Hotel on BB plan.

Day 31: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

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- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 nights hotel in Kathmandu 5* Marriott Hotel twin sharing room on bed and breakfast plan.
- Welcome Dinner in a Nepali cultural dance restaurant with office Staff.
- Assistance for cargo clearance in Nepal Customs, clearance cost is subject to a charge.
- Assistance for cargo clearance in Nepal's Customs, clearance cost is subject to a charge.
- Expedition Royalty and a permit fee from Nepal Government to climb Mt. Baruntse, Sagarmatha and Makalu Barun National Park, and Pasang Lhamu Rural Municipality entry permit and fee.
- 1 Government Liaison officer with full equipment, salary, and accommodation.
- Stool Shipment Transfer & Garbage Deposit fees.
- Medical & Emergency rescue Insurance for all involved Nepalese staff during the trek and expedition.
- Trekking and climbing map.
- One Himalayan Nepal Trek Duffel Bag.
- Domestic flight from Kathmandu /Lukla and while returning Lukla / Kathmandu, as per itinerary.
- All necessary expedition equipment transportation for all Members and Staff from Kathmandu to Lukla (by air cargo) and Base camp (by Porters While returning: Base camp to Lukla (by

porters and Lukla to Kathmandu (by air cargo).

- Up to 60 Kg per member for personal baggage during the trek to be carried by porters.
- 3 meals a day breakfast, lunch, and dinner; including tea and coffee along with accessible accommodation at Hotel/Lodge during the trek and at the Base Camp, Hygienic and fresh green vegetables, fresh meat, fruits, and soft drinks will be served during the entire expedition using helicopter flights Well-managed base camp set up for members and Staffs.
- Porters per member up to the Base camp and from the Base Camp to Lukla (both ways).
- All Necessary equipment for Camping during the trek.
- Experienced and well-trained Base Camp Cook and kitchen Helpers as required.
- All Nepalese staff and porter's daily wages, salary, equipment, food, and clothing.
- Each member will have an individual north face tent / 2 men tent in Base Camp.
- Single Tent, foam mattresses and pillow per member, 1 Dining Tent, 1 Kitchen Tent, 1 Toilet and 1 Shower Tent, 1 Staffs Tent, 1 Tent for Nepalese base camp staff, Store tents, Tables & chairs & all necessary cooking gear.
- Heater at base camp in the dining tent.
- 1 Solar panel and Generator for lights at base camp, battery charge, laptop, and other electronic devices.
- Oxygen, Mask Regulator, Ice wall, and gear training at base camp by Sherpa Guide.
- 1 veteran and government-licensed climbing Sherpa per member (1 Member: 1 Sherpa) during the entire climb from Base Camp to the summit and back, and on each rotation.
- Climbing Sherpa to assist in carrying your gear to the high camps.
- Climbing Sherpa's Salary, Equipment, Food, and Clothing.
- Carry Bonus of Sherpa's and Route Fixing Charges.
- 2 Oxygen bottles will be in stock at base camp in case of an emergency (with an appropriate charge).
- 1 Set of Summit Oxygen masks will be in base camp in case of an emergency.
- High Altitude Tent, Necessary cooking EPI gas, cooking pot, High food for a member, Sherpa, and other crews at (C1) (C2) and (C3) Group climbing gears, fixed, and dynamic rope during the climbing period as required.
- Members will share tents in high camps (2 members: 1 tent).
- The team of experienced Sherpas will fix the rope and the route.
- Satellite Phone for emergency communication carried by Sherpa, also available for members with an appropriate charge.
- Walkie-Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- Walkie-talkie permit for all members and staff.

- Weather forecast report during the entire expedition.
- Comprehensive Medical kit for members and staff.
- Peak climbing certificate issued by Ministry of Culture, Tourism and Civil Aviation (Nepal) after climbing Baruntse successfully.

Excludes

- International flight airfare (from and to Kathmandu).
 - Nepalese Visa fee is USD 125 for 90 Days.
 - Lunch & dinner during the stay in Kathmandu (also in case of early return from Trekking / Expedition than the scheduled itinerary.
 - Extra nights' accommodation in Kathmandu in case of early arrival or late departure, early return from Trekking / Expedition, domestic flight cancellation (due to any other reason) than the scheduled itinerary.
 - Insurance covering both medical and high-altitude evacuation costs (for the trip cancellation, interruption, high-altitude rescue and air evacuation, medical treatment, repatriation, etc.) Mandatory.
 - Telephone Calls, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, beers, and any Alcoholic beverages (during the trek and in Kathmandu but we will have soft drinks for members at base camp).
 - Clothing, Packing Items, Bags, Personal Medical kits, and all kinds of Personal trekking, and climbing gear.
 - Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
 - Special Filming, Camera, and Drone permit fee.
 - Summit bonus for climbing Sherpa- Minimum 1200 USD.
 - Calculate some tips for Basecamp and high camp staff – Minimum 350 USD.
 - Any other services or activities are not mentioned in the itinerary and other items are not listed in the "Cost Includes" section.
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